



# Annual Report 2020

www.cope-foundation.ie

Your Life, Your Way

### **Acknowledgements**

We wish to say thank you to the following people and groups for their help and support during the year:

- People we support
- Chief Officer and Staff, Cork Kerry Community Healthcare HSE
- Chief Executive and Staff, HSE
- Department of the Environment, Community and Local Government
- Minister and Officials, Department of Health
- Minister for Disabilities,
- Minister and Officials, Department of Education and Skills
- City Manager and Staff,
   Cork City Council
- County Manager and Staff, Cork County Council
- Cork Chamber of Commerce
- Secretariat, National Federation of Voluntary Bodies
- General Secretary and Staff of Inclusion Ireland
- Munster Technological University
- University College Cork
- Chief Inspector and Staff, Health Information & Quality Authority (HIQA)

### **Retired Staff**

We would like to thank all retired staff members for their dedication and commitment throughout their working lives and send them our best wishes for a continuing happy retirement.

### **Expressions Of Sympathy**

We would like to express our sympathy to those families and friends of people we support and staff who passed away during 2020.

#### **Volunteers**

We would like to thank the many hundreds of volunteers around Cork city and county who offer their services in a variety of ways such as fundraising, helping at sporting, leisure and recreation occasions and much more. We really appreciate each and every one of you.

#### Easy to read

Most parts of our Annual Report are available in easy to read format.

If you would like to receive easy to read versions of any part of the Annual Report, get in touch with our Communications and Fundraising Department.

E-mail communications@cope-foundation.ie or telephone 021 4643326.

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# **Our Values, Vision and Mission**

### **Person-centred**

### Kind

### Creative

### Honest

### Honest:

We have respect for each other so we will always give each other the full and truthful picture.

We deliver on promises.

### **Person-centred:**

We believe the people we support can live extraordinary lives.

We put people we support first in everything we do.

We treat people as individuals and respect their choices.

### Kind:

We will be kind and respectful in all that we do.

### **Creative**:

We don't just accept what it is, we explore what it could be.

We are inspired by challenges and we find new ways of doing things.

We are constantly learning and striving to do things better.

### **Cope Foundation's Vision**

Your Life, Your Way

To enhance the lives of people with an intellectual disability and/or autism; working in partnership with them, their families and local communities, to provide a range of person centred services and supports. This will enable each person to live life to the full, influence the decisions that affect them, and actively participate in their community.

### **Cope Foundation's Mission**

Supporting people with an intellectual disability and/or autism to live a life of their choosing, connected and participating in their communities.

Cope Foundation supports over 2,800 children and adults throughout Cork city and county.

# Strategic Priorities

2020 was the final year of our current strategic plan.

This strategic plan was called 'Enhancing People's Lives' and was our plan in 2018, 2019 and 2020.

### Individualised Supports and Services.

Many people now want to live a life of their choosing, connected, working and participating in their local communities.

When services are individualised we truly listen to and respect the choices that the individual makes and tailor services and supports around these choices.

We use creativity and flexibility to support the person to achieve their chosen goals.

# Developing a culture that focuses on individuals.

We do this by building a commitment at all levels that focuses on the individual.

We are constantly in conversation about this commitment and challenge the traditional/norm.

Every decision at every level refers back to the commitment.

# Developing systems to support this.

We do this by building teams focused on individuals by creating an infrastructure to support them and continuously challenging and reviewing 'the system'.

# Enabling new ways of working.

We do this by supporting positive risk taking and innovation.

We support one person at a time, allowing flexibility and creativity and autonomy to work outside the boundaries.

# Organising ourselves to support this.

We do this by ensuring the organisation is organised to support this through effective leadership, staff engagement, family engagement, learning and development and workforce planning.

# Chairperson's Statement



Throughout 2020, our world experienced a crisis of an unprecedented nature and we were united in a common purpose: overcoming the impacts of Covid-19. Together, we grappled with loss, loneliness, isolation, health concerns and economic uncertainty. Sadly, we have lost two people to Covid-19 in the last year and on behalf of everyone in Cope Foundation, I extend our sincere sympathies to the families.

On behalf of the Board of Directors, I wish to sincerely thank the staff of Cope Foundation, many of whom have been directly exposed to the pandemic, for the way in which they have selflessly risen to the challenge of this crisis. Our values are being tested by this crisis, but as a Board we are inspired by the resilience, passion and commitment shown by the staff of Cope Foundation.

Cope Foundation supports people to live 'Your Life, Your Way'. In 2020, Cope Foundation supported 2,800 people with an intellectual disability and/or autism. The people we support are the most important part of Cope Foundation and we are committed to creating a society where people of every ability can live life to the full and a life of their choosing.

As a Board, our objectives are to ensure Cope Foundation is a safe, strong, fair and kind organisation. As an organisation, our aim is to provide a quality service that is efficient and meets the needs of people we support. The HSE Service Improvement Team Report is evidence that we are doing this well.

As always, we are concerned about some of the things we cannot deliver for people. Unfortunately, due to a lack of financial resources, we are not in a position to meet everyone's needs, all of the time. This is a big worry for us. We continue to work with our funders to highlight the areas where this happens and to appeal for more resources so that we can be responsive to everything we are asked to do.

Ireland ratified the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) in 2018. This promises equality for people with disabilities; not segregated care and not special treatment. Cope Foundation has a vision of inclusive communities where diversity is embraced and everyone is equal. We advocate for greater investment in community services, consistent and comprehensive supports for people in the jobs market and, last but not least, housing. The Covid-19 pandemic has highlighted the importance of decongregated settings and the requirement for better housing and supports. Our home means so much to us as individuals. The people we support must have choice and control around their home. Cope Foundation is excited and proud to be supporting people on their journey to creating their own home in a community of their choosing.

The exponential rise in the need for autism supports, home support, therapies and short breaks are the areas that concern us most, along with the changing needs of our aging population and long waiting lists for supports. Three quarters of children with autism are not having their needs met by the public system. This is not good enough. We are acutely aware that parents and families are finding it increasingly difficult to manage with limited levels of supports. With the resources that are available to us, we are working hard at improving these services.

On a more positive note, there are wonderful developments in our services with our Community Hubs, short breaks and people in independent living. There are also great developments in our work in supporting people to reach their career goals through our Ability@ Work employment programme. In 2020, 60 people we support were in employment through this very person-centred programme.

Roots Coffee House in Beech Hill Garden Centre continues to flourish, despite various closures throughout the pandemic. A second Roots Coffee House opened in the UCC Student Hub in 2020 and we hope to see this initiative develop in 2021. In September 2020, Cope Foundation took over operational responsibility for the St. Vincent's Centre in Blackpool, following a request from the HSE. Over the next two years, we will work with the people supported there and staff to 'de-congregate' the centre so that the people there can move to a home of their choosing in the community.

We continue to work with HIQA to ensure our residential locations are reaching the highest standards. Thank you to all the people we support who welcomed HIQA into your homes, the families who met with the Inspectors and the staff who worked incredibly hard in preparing for the registrations and renewals.

On a personal note, 2020 marked my final year as Chairman of the Board of Directors – a role I have been honoured to have for the past two years. I am delighted to see my fellow colleague, Gearóid Gilley, taking on the role of Chairman and Donna Roche as Vice Chair.

I wish to extend heartfelt thanks to the staff and Board Members of Cope Foundation, the HSE for its support, all our fundraisers and donors that gave generously throughout the year, all our volunteers who gave up their free time to support us and finally, thank you to each and every person we support for allowing us the privilege of being a part of their lives.

John Punch Chairperson of Board of Directors Cope Foundation

# Chief Executive Statement

In extraordinary times, you need extraordinary people. In Cope Foundation, we are lucky to have so many of these working to support people to live their lives.

Covid-19 has turned our lives upside down. This has especially been felt by the people we support and their families. I am proud of my colleagues right across the Foundation who have continued to support people, despite the most challenging circumstances.

Since March 2020, when some of the most difficult decisions had to be made and we had to close our day, residential and support services, we have been focused on only one thing – keeping the people we support, their families, our colleagues and our community safe. We immediately introduced a range of additional measures and processes to prevent and reduce the risk of contracting or spreading Covid-19.

Following this we set about adjusting and changing how and where we supported people who were at home. The creativity, adaptability and commitment demonstrated by colleagues in every part of the Foundation was truly inspirational. This commitment was instrumental in keeping people safe and being able to gradually reinstate services, once it was safe to do so.



The United Nations Convention on the Rights of People with Disabilities will guide us as we evolve our services and supports over the coming months and years. This human rights treaty adopted by the United Nations in 2006 is in place to protect and reaffirm the human rights of people with disabilities. The right to an ordinary life, participating as equal citizens in our community will be our sole focus together at Cope Foundation. In the stories of people's lives we share throughout this Annual Report, you will see reference to the UNCRPD and the rights we are focused on addressing. Some of the ways we have adapted and dealt with the challenges of 2020 include:

- The establishment of the Response, Reconfiguration and Resumption (RRR) Group. This group managed the overall Covid-19 Response across the Foundation.
- Increased the use of technology and digital platforms to support the provision of services and supports.
- Redeployment of staff from day and multidisciplinary services to residential services.
- Focus on infection prevention and control training and oversight.
- Development and training of an in-house vaccination team.

Looking ahead, the challenges of Covid-19 and its ongoing impact on the services will continue in 2021. We are prepared to meet this challenge by:

- Continuing to provide a blended model of service by providing services both in house and remotely.
- Investing in decongregation of both day and residential services.
- Continuing to develop and increase the number and range of individualised personcentred supports.
- Assisting in the roll out of the vaccination programme for people we support.

Cope Foundation, like all other service providers, has been hugely impacted by the Covid-19 pandemic. Throughout the pandemic, we have taken and continue to take guidance from the HSE, the Department of Health and the Health Protection Surveillance Centre to support our services.

In addition to the obstacles that this pandemic has presented, we continue to be challenged by the lack of investment for people with changing needs, behaviours that challenge, multiple and complex needs and additional comorbidities. This continues to have a significant impact on our ability to respond to demands for respite, home support, multi-disciplinary supports and emergency support. We will continue to advocate strongly and to seek additional funding for the delivery of services, so that we can respond to the ever increasing demands for services and supports.

I would like to take this opportunity to thank our Chairman, John Punch, and the entire Board of Directors for their guidance and support, and for giving their time and expertise to Cope Foundation.

I would like to acknowledge the people we support, their parents, carers and families for their ongoing co-operation and understanding, particularly during these difficult times. Special thanks go out to my Executive Team colleagues, Department Heads, Regional, Department and Service Managers, and my colleagues right across the organisation, for their huge contributions to our efforts in 2020.

This was a truly unprecedented and exceptional year and the support, commitment, and dedication you have shown to the people we support and this organisation is truly inspirational, and is very much appreciated.

I must also thank the HSE both nationally and locally, in particular the former Chief Officer Ger Reaney and all of his colleagues in Cork Kerry Community Healthcare and HSE Disability Services.

There is no doubt that 2021 will continue to challenge us all on many fronts but I can assure you that we will work tirelessly to meet that challenge head on.

### Sean Abbott Chief Executive Cope Foundation

# Advocacy in Cope Foundation

Advocacy is where people speak up for themselves, make their own choices and let people know how they feel. Each area in Cope Foundation has at least one Advocacy champion. Advocacy champions must ensure that everyone's voice is heard. Advocacy champions make sure people know about their rights. Each area also has an advocacy group. Advocacy groups would usually meet at least once a month.

The Advocacy Council is then made of 15 self-advocates from across the organisation. They are voted in by their peers and sit on the Advocacy Council for two years, then a new group is formed.

2020 posed significant challenges for the plans the Advocacy Council had to grow their platform due to the global pandemic. The council have had to be creative in staying connected to ensure advocacy work can continue across the organisation. There has been some very important work happening in the background to ensure that in 2021 they can step up their awareness campaign within the organisation and they are hopeful that 2021 will see many positive outcomes! This is in line with Article 21 of the UNCRPD – 'Freedom of expression and opinion and the right to information'.



**Cope Foundation** 

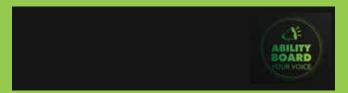
# Example of advocacy in action – The Ability Board



Advocacy has always been a high priority in Ability@Work. In January 2020, Ability@Work dedicated the first week of Job Clubs to finding out what each participant thought of Ability@Work so far. In partnership with the people we support, and following on from these Job Clubs, the concept of the 'Ability Board' was created. The Ability Board is a board of management style structure made up entirely of people supported by Ability@Work. Staff will only be involved to support the board of management as needed. 11 participants began a campaign at the end of January to compete for a place on this board. The candidates highlighted the barriers people with different abilities face every day when finding employment.

On the 5th of March the official election was held in The Republic of Work in Cork city. There was a huge turnout and everyone cast a vote to elect a President, a Vice President and a Chair Person of the very first Ability Board. This newly elected Ability Board are preparing to be the voices for people with disabilities in Ireland.





# 2020 at a Glance



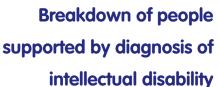
### **Facts and Statistics**

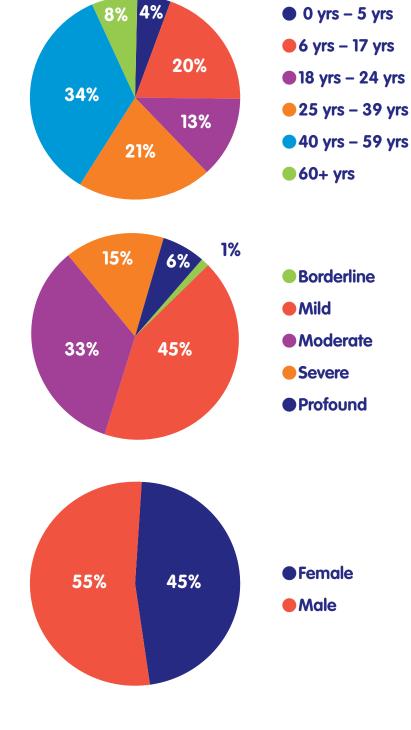
74%

26%

Breakdown of people attending day services / living in residential services







Day

Residential

intellectual disability

**Breakdown of people** supported full-time by Male / Female

## Honorary Directors of Cope Foundation



John Punch – Chairperson



John Higgins



Geni D'Arcy



Gearóid Gilley – Vice Chairperson



**James Eivers** 



**Simon Healy** 



Isobel O'Regan





Donna Roche



Katherine O'Leary

Dated 23 March 2021

**Cope Foundation** 

### Attendance Record and Committees

### **Board Directors**

Key: Present •

Absent •

#### Board Meeting Attendance Records – 2020

Directors Name	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Geni D'Arcy	Р	Α	Α	Р	Р	Α	Р	Р	Р	Р	Р	Α
James Eivers	Α	Р	Р	Р	Р	Р	Р	Р	Р	Ρ	Р	Ρ
Gearóid Gilley	Р	Р	Р	Р	Р	Р	Р	Р	Р	Р	Р	Р
Simon Healy	Р	Р	Р	Р	Р	Р	Р	Р	Р	Р	Р	Р
John Higgins	Р	Р	Р	Р	Р	Α	Α	Р	Р	Ρ	Р	Р
Kieran Moran	Α	Р	Р	Р	Р	Р	Р	Р	Α	Α	Р	Α
Mark C Nolan	Р	Р	Р	Р	Р	Р	Р	N/A	N/A	N/A	N/A	N/A
Katherine O'Leary	Р	Р	Р	Р	Р	Р	Α	Α	Р	Ρ	Р	Р
Isobel O'Regan	N/A	N/A	N/A	N/A	N/A	Р	Р	Р	Р	Ρ	Р	Р
John Punch	Р	Р	Р	Р	Р	Р	Ρ	Р	Р	Ρ	Р	Р
Donna Roche	Р	Р	Р	Р	Р	Р	Р	Α	Α	Р	Р	Р

#### Isobel O'Regan appointed Board Director on 21 May 2020

Mark C Nolan retired as Board Director on 12 August 2020

### **Board Sub Committee Structure 2020**

#### Audit and Risk Management Committee

John Higgins - Chairman Jerry Corkery Gearóid Gilley Kieran Moran John Punch

#### **Quality and Safety Governance Committee**

Katherine O'Leary - Chairperson David Donegan Catherine Field Donna Roche Anna Broderick

#### Property & Assets Committee

Isobel O' Regan - Chairperson John Higgins Stephen McCarthy Mark C Nolan Jim Fleming

#### Remuneration & Nominations Committee Gearóid Gilley - Chairman John Punch Geni D'Arcy

#### **Pension Trustees Committee**

William Cuddy - Chairman Anthony Dinan John Punch John Murphy

#### I.T. and Systems Committee

James Eivers - Chairman Geni D'Arcy Marguerite O'Brien Brian Marshall

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# **Quality and Compliance**

#### HIQA in 2020

HIQA is the Health Information and Quality Authority. HIQA wants to make health and social care services in Ireland better for people with disabilities living in residential centres.

In 2020 Cope Foundation was responsible for 42 designated centres. One centre which was for short-breaks for children was re-designated as a Covid-19 Enhanced Care Support Centre for Adults. The main role of this centre was to provide a residential option for people who could not self-isolate in their home if they were confirmed as having contracted Covid-19. We also took responsibility for a centre in Cork that the HSE had operated.

#### HIQA Inspections and Registrations

The role of the HIQA inspection team during inspections is to ensure that there is compliance with the Health Act 2007 in how Cope Foundation operates and manages designated 'centres'.

The HIQA renewal process has a 3 year cycle. In 2020 a total of 22 Cope Foundation 'centres' applied to renew their HIQA Registration. Out of these 22 'centres', 12 'centres' have got their new certificates already.

When inspection reports present issues of non-compliance, Cope Foundation works hard to increase standards, make improvements and address issues in a timely manner.

In 2020, 26 'centres' had HIQA inspections, including one 'Thematic Inspection' which looked at how the rights of people living in the 'centre' were upheld. During the 'Thematic Inspection' carried out in one of our 'centres', the inspector noted how well people worked together and the lovely sense of home life in the 'centre':

"...there was a lot of activity, but it was evident the group were working as a team. There was wonderful home cooking smells permeating the 'centre' which enhanced the setting."

One new 'centre' in Cork City had their first inspection in 2020. The report reflected the warm atmosphere there:

"...there was a sense of calm and friendliness in the 'centre'. This was further enhanced with soothing music playing..."

In 2020 HIQA published 19 reports on Cope Foundation 'centres' on their website: www.hiqa.ie

#### HIQA Internal Audit Team

Cope Foundation has a HIQA Internal Audit Team. The aim of the HIQA regulation 23 internal audit team is to assess our designated 'centres' through application of the following core principles:

- 1. Human rights based approach: focusing on the human rights of people we support, empowerment, choice and autonomous decision making, respect, dignity, participation and independence.
- 2. Safety and wellbeing: both in the physical, emotional and psychological environment.
- Responsive: to ensure designated 'centres' are responsive to care and support needs in a timely, consistent and appropriate manner by confident, knowledgeable and skilled staff.

4. Ensure accountability focus: on governance, culture, leadership, ensuring designated 'centres' are responsible for providing the highest possible standard of service and care to the people we support.

The above core principles are measured using an objective framework of standards, through a consultative process with the person in charge, people we support, families and staff. The focus of these internal audits is to improve quality and safety through a person centred model of care by highlighting both strengths and areas for improvement to ensure people we support achieve their own personal goals. A report and action plan is provided following each audit.

A recent audit of the regulation 23 team's role was completed by Persons in Charge. The following is a short summary of the findings from this audit.

#### **Internal Audits**

Cope Foundation's Internal Auditors are Crowleys DFK Chartered Accountants, who provide independent assurance that risk management, corporate governance, and internal control processes are operating effectively. They review processes in relation to purchasing, payroll, funding, and other areas including IT services, and HR functions.

The Audit & Risk Committee meet regularly and prepare an Internal Audit Plan at the beginning of the year. At the end of each quarter, the Internal Auditors report their findings and recommendations to the Audit & Risk committee, and provide an update on their implementation.

The Internal Auditors review our policies and procedures, and examine processes and activities to ensure that they are carried out correctly, efficiently and effectively, in line with best practice, and in compliance with laws and regulations.

### Benefits of regulation 23 audit process to the designated 'centre'

- Supports a streamlined approach
- Focus on quality of service delivery
- Encourages reflective practice, learning from audits
- Reassuring for staff involved
- Information sharing on what HIQA are specifically looking for
- A fresh set of eyes to keep us on our toes
- Maintain standards to ensure best practice
- Hugely helpful before inspection
- Open and transparent
- Highlights areas of good practice
- Identify shortfalls in service and care provided

### Benefits of regulation 23 audit process to the people we support

- Focused on delivering person centred supports
- Keeps the people we support at the centre of the audit process
- Opportunity for people we support to meet auditors and have their say
- Ensure person centered approach for each individual is of a high standard
- Encourages focus on individual outcome in a person centred way
- Valuable measure of how we are providing quality service and care
- Guides high standards of practice
- Improved resident involvement in their home
- Ultimately the residents benefit

Due to the Covid-19 pandemic, shared learning and in house training was provided either during the audit process or on training days.

#### Annual Report 2020

### **Quality and Compliance**

**Protection** 

The FOI Act provides, that from the effective date, every person has the following legal rights:

- The right to access official records held by • Government Departments or other public bodies as defined by the act.
- The right to have personal information held on them corrected or updated where such information is incomplete, incorrect or misleading;
- The right to be given reasons for decisions taken by public bodies that affect them.

Regulations provide that parents, guardians and next-of-kin may apply to exercise these rights in certain circumstances. These rights mean that people can seek access to personal information held on them no matter when the information was created, and to other records created after the effective date.

Freedom of Information (FOI requests) increased in Cope Foundation from 2019 to 2020.

The General Data Protection Regulation (GDPR), under Article 15, gives individuals the right to request a copy of any of their personal data which are being 'processed' (i.e. used in any way) by 'controllers' (i.e. those who decide how and why data are processed), as well as other relevant information. Freedom of Information and Data Protection Overview 2020:

FOI Requests	9
Internal Reviews	1
Data Protection Requests	8
Data Breaches (Including Near Misses)	19
Data Protection Enquiries	41
Privacy Impact or Data Related Risk	11
Assessments	

Freedom of Information (FOI) and Data While we had fewer Data Protection Requests, enquiries from Departmental Managers, Therapists and Staff increased showing raised awareness internally of data privacy issues.

> Of 19 Data Breaches, two were notified to the criteria to the Data Protection Commissioner and have been dealt with to their satisfaction. Reporting of near misses and negligible impact data breaches has been encouraged leading to improved technical and organisational measures for data security.

#### Feedback and Complaints

Cope Foundation welcomes complaints. Information in this regard is available in all services. All Cope Foundation centres retain a site specific complaints log.

Where possible all endeavours are made to deal with minor complaints informally locally. Minor complaints unable to be dealt with by frontline staff locally within 48 hours or complaints of a serious nature are escalated to Manager/ Regional Manager (as appropriate).

All formal written complaints and compliments received by the organisation are logged centrally. Cope Foundation Internal Complaints Log is used to record and manage such complaints, overall processes for review, improvements and shared learning.

Reports on formal complaints and compliments received in the organisation are sent to the National Complaints Governance and Learning Team (NCGLT) in the HSE on a quarterly basis.

A total of 74 complaints were received during 2020. This is significantly lower than the 97 received in 2019. Of these 74 complaints 72% have been resolved. The remaining are under review.

A number of complaints were made by staff members advocating on behalf of people we support. E.g. regarding dissatisfaction with some elements of service – living arrangements, quality of life experiences, dignity and respect. Other complaints related to issues such as alleged inappropriate behaviour, access to services, facilities and maintenance, Health and Safety and overall accountability.

#### Total Number of Complaints by Month

Month	Number of Complaints Received
Jan	9
Feb	12
Mar	2
Apr	3
May	2
Jun	3
Jul	2
Aug	8
Sep	8
Oct	9
Nov	10
Dec	6
Grand Total	74

#### Complaints by category

Types of concerns raised and the numbers in each category

Access	24
Accountability	4
Safe & Effective Care	50
Dignity & Respect	23
Communications & Information	8
Trust in Care	2
Safeguarding	18
Children First	1

#### Health and Safety

Cope Foundation endeavours to abide by the provisions of the Safety, Health & Welfare at Work Act 2005 in providing a safe and healthy work environment for staff/ volunteers and others.

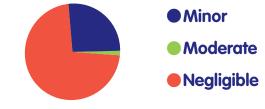
#### Incidents and Near-Miss Reporting

Statistics for all reported incidents and near-miss events are collated by the Safety Officer. Reports and trends were provided on a monthly basis to the Chief Executive, the Leadership Team and the Board of Directors. Incident/near miss data reports for events recorded on NIMS (National Incident Management System) were generated monthly and distributed internally to each Regional Head.

Cope Foundation reports all incidents directly to the State Claims Agency via the NIMS. Our direct entry incident reporting management system continued in 2020. In 2020 The Safety Officer continued to work collaboratively with the IT Department to support progressive set up of all Cope Foundation's sites for direct entry to the NIMS site.

In 2020, 19 staff at the service areas: Ard Dara, Clonakilty, Day Centre Hubs, Skibbereen, An Tuath Nua, An Turas/NASC, Mallow, Springfort, Lotamore, Glasheen Day Centre, and Macroom successfully completed HSEland NIMS Training (1.Nims Training for Incident Entry and 2. Entering Incident Review) bringing the number of Cope Foundation staff authorised to access to NIMS site to 63.

No of incidents reported on NIMS to the State Claims Agency in 2020 : 3368 No. of incidents reported to the Health and Safety Authority in 2020: 37



Severity of Incidents 2020

I have worked very hard for many years to create awareness around disability rights. It is only fair that we get the same opportunities as everyone else. We need to help the community to understand that we are just like them, everyone needs support sometimes.

### Noreen

**David's Story** 

Hi my name is David. I lived in one of Cope Foundation's Residential Centres - Ard Dara for 13 years. Since December 2020 I am living in the community in Ashmount Court and I love it. It's way better than before. I enjoy the peace and quiet and having my own space. I enjoy getting out and about and doing 10,000 steps a day. I was a small bit nervous about the move but talking to staff and listening to my music really helped.

ad

I miss some of my friends in Ard Dara but I visit the centre a few days a week to see my friends and do a bit of work.

I do more jobs around my new home, using the washing machine, dishwasher and I'm learning to cook and bake, I'm getting there.

I go for walks in parks and around the city. I always wear a mask and keep 2 metres distance.

I enjoy working with staff one to one. I am happy with the supports I receive every day and everyone is really friendly.

When restrictions lift I am looking forward to resuming swimming, visiting the local library and city library and going shopping for sports gear.



I am looking forward to having my friends visit me and to having a proper house warming in my new home.

This story highlights Article 19 of the UNCRPD which outlines how every person should have the 'Right to live in the community'.

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# Leonard's Story

Hello, my name is Leonard. I am 50 years old. I am from Cobh but I live in Turners Cross. I have two brothers named Colm and Joe.

I live independently now, I used to live with two other people, but they have returned to their family homes since March 2020. I love living on my own, I'm taking control of my life by developing my own independent living skills, routine and habits. I love my new washing machine and tumble dryer.

I like to lie in bed in the mornings, not rushing to get up. I love having a leisurely breakfast while I potter around. I love living on my own, it's peaceful and I'm calm, I'm happy! I get my dinners delivered, and I sometimes go to the chipper for my supper.

During lockdown I got to know my area very well, I go to my local shops for milk, bread and stuff and I go for walks every day.

Once or twice a week I go to the Lough, with Cope Foundation staff member Mary Kate, she assists me with my independent living skills. We do three laps of the Lough, on our first lap I buy bird food in the pet shop to feed the pigeons, ducks and swans. Hopefully in the summer I will have the confidence to walk there on my own.

I also got an Amazon Echo, I ask it to play music, 96fm, and I also receive video calls which I enjoy.

I used to attend QDS day service in Togher 5 days a week but now I prefer to do my own thing and live my life. I miss QDS a bit, but I love my life now, going out walking, doing my own washing. All things are good now.

This story highlights Article 26 of the UNCRPD which 'promotes the availability, knowledge and use of assistive devices and technologies'.



During lockdown I got to know my area very well, I go to my local shops for milk, bread and stuff and I go for walks every day.

# **Edel's Story**



Hello my name is Edel, I am from Fermoy. I live with my Mam and Dad and attend Fermoy Day Centre. I also have a sister named Sarah and a brother named Barry.

The lockdown came after my birthday in March last year. We couldn't go anywhere. I couldn't go to Cope Foundation in Fermoy; I couldn't go to mass or go to town. I miss that a lot. I missed seeing my friends in Cope and going to Bracken for respite.

Mags and Chloe from the day centre organised for me to access classes with my teacher Frances from the local school, Colaiste an Chraoibhin and Cope's Spring Schedule classes, I love the Thursday night sing-alongs!

One good thing about lockdown is I have learned a lot more about computers and how to access my classes, I can access these independently at home by using my new laptop I got for Christmas. I am very good at computers because I used to attend classes at Coláiste an Chraoibhín and I use these skills to access classes for things I enjoy like music.

I play the keyboard and during lockdown I have been practicing a lot and now I can play using both hands which was a big goal of mine! I use Zoom for Singing for the Brain, which is a singing group I attended in my local community before lockdown that is now done online and I also take part in a Special Olympics exercise programme online.

I couldn't go to see Daniel O'Donnell in August because of the pandemic but Chloe and Mags told me about a country music concert online and Daniel was singing in it so I was happy I got to see him sing in a different way.

I couldn't go to mass with Mam and Dad so I learned how to get mass on my laptop for Mam and Dad and I do lots of jobs for them to help them around the house. When the lockdown is over I will be back in Cope Foundation seeing my friends again. I look forward to being back at my work experience in the Resource Centre in Fermoy. I hope everything will be ok soon. I want to give everyone lots of hugs!

This story highlights Article 30 of the UNCRPD 'right to participation in cultural life'.



## Jason and his Mum Geraldine

When it was announced that we were to be in lockdown and my son Jason's Day Centre was to close we had no idea how this was going to work or what we were going to do.

I was aware that I would have to put a structure in place for his day to day or it would affect his mental health. I also started working from home, which I had never done before.

The first week he was full of plans as it was like a holiday, walking, watching TV, but I knew this could not continue.

He started doing jobs around the house, making jigsaws, helping me with cooking. He has a room for his drum kit and he plays it for about one hour per day while he listens to music.

There were a lot of hours in the day and he found this very difficult. I talked to some of the

other Mums and they had experienced the same problems.

A member of staff from Cope Foundation Mallow would ring every week for a chat and Jason loved it as he began to miss the usual faces from Cope Foundation.

Through Daragh and Ability@Work I then set up the House Party app so he could talk to some of his friends from Special Olympics on a Friday night.

Daragh from Ability@Work rang for a chat and said she would do a course with Jason if he would like, Jason was delighted! He looks forward to her video chats every Tuesday, he is up early in case he would miss it.

Daragh then asked Jason if he liked cooking as she had a new cooking programme with Chef Chad every Friday, Jason was thrilled.



That first Friday we cooked Jason had a ball. We had to learn together how to get on the Instagram live with Chad. It was a couple of hours, he loved it when we took his photo and sent it on to Daragh, and then it was up on Ability@Work's Facebook page for all his friends to see.

Chad made the cooking so easy and so much fun; Jason could not wait for the cooking class on Fridays and would check out what we were going to make, we have had some wonderful lunches each Friday. We have given his recipes to a number of people to try.

Daragh knew how stressed I was with working from home and she suggested Jason join a coffee morning video call. At this stage, I did not know how to do video calls so she did a quick demo with me and we have got a lot better now. Jason loves this as he got to chat with his friends in Cope Foundation which was a lovely change from just talking to his family.

Mary in Mallow had arranged for Jason to go out two days per week for an hour or two with a staff member. The change for Jason was amazing. He loved the trips out.

Jason was in Cope Foundation's Drama Class prior to lockdown so when Paul and Eoin from the Arts Department got in touch that they were starting up the Drama online, we were delighted. He has been in this class for the last year and he is learning how to act. They arranged for a student from UCC to help him when on video calls with his acting, which he loves.

Through Daragh and the Ability@Work he has been in a music video and a tourist video for Pure Cork.

He is now attending Cope Foundation three days per week and some of his video classes are on at those times he is attending.

If we did not have this help in our time of need I don't know how Jason would have dealt with the lockdown and restrictions placed on us all. We really appreciate the effort and work that Daragh, the staff at Ability@Work, Mary, and the staff at Cope Foundation Mallow, have made during this unprecedented and unpredictable time as it has made such a difference in this last year to Jason.

This story highlights Article 27 of the UNCRPD, where every person has a 'Right to work'.

"I did not enjoy the start of lockdown as I did not understand it at first, but once I got into a routine, I started to enjoy making new friends, doing courses and learning new things. I got to do videos for Ability@ Work and my drama class, I got to talk to people from England and USA and from Cope Foundation in Cork. I do miss working, I love cooking, my drama and doing my courses with Daragh and coffee mornings with Daragh and Beth and Drama with Eoin."

#### **Annual Report 2020**





Hi, my name is Amy. I am 4 years old. My Mum and Dad are Louise and Kevin. I'm very lucky to have two older brothers Matthew (13) and Jack (9) (who are kind and very patient).

We are from Saleen, just outside Midleton. It is a picturesque quiet village with loads of woods, walks and near the sea.

I go to an Early Intervention class in Scartleigh (Saleen) National School because I have Autism. I love school and have such fantastic teachers. During Covid-19 they kept in contact with me, sang songs and played hide and seek, all online.

2020 was hard for me. Like everyone, school stopped. Suddenly I was stuck at home and out of routine. My speech was non-existent and before this it had started to come. I had started understanding the initial phase of PECS (The Picture Exchange Communication System) which I used in school. I had got used to trying new things. I loved swimming in Aura with my school, trying to do jobs with mum and as a family trying to go into coffee shops. This all changed.

Home became my safe zone and I reverted back into my world. But on the plus side, things I loved liked walks and picnics could still be done.

Things slowed down, no one called, I didn't have to go anywhere (these all suited me!) plus I got to spend time with my family. I got to do lots of art and I finally decided to let my mum brush my hair. This was a massive milestone for me. I also tried Lámh and really got the hang of requesting biscuits. Yum!





We were invited to take part in the Hanen 'More Than Words' programme. So, Mum jumped at it. Mum built on her strategies to support all my communication abilities. It was a long programme, as it was disturbed by Covid-19 but we completed it in December 2020. It really was invaluable for mum. Everything started to make sense for her. She learned communication tips and really enjoyed speaking to the other parents who were going through the same process.

Vickie, my Speech & Language Therapist from Cope Foundation was great. She made Mum understand what I was communicating. Vickie helped Mum slow down and showed her how to keep interactions fun and interesting for both of us. We had tea parties, made up songs, introduced visuals and I brushed my hair - all thanks to Vickie and the 'More Than Words' programme. Mum and I learned so much from the course. Communication really is: More Than Words! This story highlights Article 7 of the UNCRPD which outlines 'the full enjoyment by children with disabilities of all human rights on an equal basis with other children'.



The More Than Words Programme was designed specifically for parents of children ages 5 and under on the autism spectrum and with other social communication difficulties. Addressing the unique needs of these children, the programme provides parents with the tools, strategies and support they need to help their children reach their full communication potential. You can learn more about the More than Words Programme on the hanen.org website.

Annual Report 2020



I am just like everybody else; it just takes me a little longer to learn something. This does not mean I don't deserve to be in education or have a job it just means that I need a little bit of extra help.

### Craig

### **Progressing Disability Services**



Cope Foundation, in partnership with the HSE, Enable Ireland, Brothers of Charity Services Ireland, St Joseph's Foundation and CoAction, are working together to rollout 'Progressing Disability Services for Children & Young People' in Cork and Kerry. This programme is changing the way services are provided across the country to make it equitable and consistent for all. This is in line with Article 26 of the UNCRPD 'beginning at the earliest possible stage, and based on the multidisciplinary assessment of individual needs and strengths'.

The central focus of this programme is to provide a clear pathway to services regardless of where a child lives, goes to school, or the nature of their disability or delay. At present there are some very good services for children with disabilities and their families but also some large gaps. We need a fairer way to provide services for children with disabilities. Access to services should be based on a child's needs rather than just on their diagnosis. Children and families should have services available wherever they live.

As part of the national changes some children will have their needs supported by their Primary Care Children's Services. A Children's Disability Network Team will support children with more complex needs in a defined geographic area, regardless of the nature of their disability.

#### What is a Primary Care Children's Service?

Primary Care Children's Services include: Speech

& Language Therapy, Occupational Therapy, Physiotherapy and Psychology. These disciplines work closely with other core Primary Care Services such as Dietetics, Community Medical Doctors and Public Health Nurses. These services are for children and young people with non-complex needs.

#### What is a Children's Disability Network Team?

The Children's Disability Network Team (CDNT) supports children and young people with complex needs. This service is for children who need the supports of an interdisciplinary team. The CDNT is an interdisciplinary team who work collaboratively with the child and family to identify the needs and priorities of the child and family. From this process a written plan is developed over time, called an Individual Family Service Plan (IFSP). This IFSP will include the goals chosen with you and what strategies and supports are required to achieve your goals.

#### What is a Lead Agency?

The Lead Agency Model is the agreed structure for the future service delivery of children's disability services. Each Lead Agency will have the responsibility for the provision of services for children with complex disability in the CDNT's assigned to that agency. All CDNT's regardless of their Lead Agency will have similar pathways for supporting your child and family priorities. Each CDNT has an appointed Children's Disability Network Manager (CDNM) responsible for the operation of the team.

#### What happens now?

Reconfiguration to the new service is ongoing and families involved are being informed of the plans. Reconfiguration is due to take place in April 2021.



### **Fundraising Highlights 2020**

We stepped into 2020 with great enthusiasm and launched our 300,000 Steps Challenge. The virtual fundraiser saw people across Cork city and county tracking their steps each day in February to reach the 300,000 Steps target in the month, while raising funds for Cope Foundation. The campaign was a great success and participants really enjoyed taking part and having a reason to stay active.

Just weeks before our Flowers of Hope campaign was due to begin, the country came to a standstill as Covid-19 hit. In a matter of days, our Flowers of Hope campaign and street collections were cancelled. This was so disappointing for everyone. People still wanted to show their support so we had our #Cup4Cope campaign in March and invited everyone to have a cup of tea or coffee at home and make a €4 donation by SMS to Cope Foundation.

While we all got to grips with the Covid-19 restrictions, we became aware of how isolating it was for people we support in our residential locations who could not see their loved ones. Many of these people didn't have the technology

needed to communicate, virtually, with their friends and family. Our #WholMiss fundraising campaign took place in April in response to this and over a number of days, almost €40,000 was raised. Thanks to the campaign, iPads, tablets and Echo Show devices have been distributed to our residential locations. Some people use the devices for education, training and developing life skills, other devices are used for video calls, video classes and enjoying the web.

With restrictions still limiting our fundraising activities, we developed another new virtual campaign for people to enjoy during the summer months. Our 5 Peaks 1 Week Challenge saw people scaling some of the country's tallest mountains by simply walking close to their home and clocking up their kilometres. Many people took to their stairs at home to really feel the pull of the peaks while others hopped on the bike to take on some local hills and cover the equivalent kilometres of Munster's top highest mountains. We were joined by Cork Senior Hurler, Seamus Harnedy who took on the activity-based challenge with his sister, Cáit, who is supported by Cope Foundation, his fellow Imokilly GAA team



mate, Brian Mulcahy and Brian's brother, Colm, who is also supported by Cope Foundation.

Our Christmas fundraising looked quite different this year, with our Christmas Draw taking a new form and going online (with the support of some well-known Cork personalities on Instagram). We also introduced our brand new charity Christmas Cards, which sold out in a number of weeks.

We were delighted to be joined in 2020 by AIB Sports and Social Clubs, Cork, who selected Cope Foundation as their Charity Partner for 2020. Staff from 33 AIB branches across Cork city and county took on various fundraising challenges throughout the year and despite the various Covid-19 restrictions, it was a fantastic partnership.

"It was an honour to partner with Cope Foundation as our chosen charity for 2020. They are such an amazing charity that do so much for so many. The team in Cope Foundation have the best interests of the people they support, always at the top of their minds and it was great to work with them throughout the year." Anne-Marie Collins, 2020 President of AIB Cork Sports & Social Club

Huge thanks to our wonderful team of volunteers, committees, families, corporate supporters, sponsors, and regular givers.



### Thank you!

Eventhough the year was such a challenging one for fundraising, we are very pleased to have raised over €1 million in 2020.

### Ability@Work in 2020

Ability@Work is a dedicated supported employment service which aims to bring young people with intellectual disabilities and /or autism closer to the labour market. The programme was launched in 2019 in Cope Foundation and assists jobseekers at key transition points between education, training and employment. In line with Article 27 of the UNCRPD every person has the 'Right to work'.

This funded programme is available to young people 18-29 years.



2020 was a challenging year for everyone and the Ability@Work team immediately kicked into action to ensure the sustainability of the programme. In 2020 the Ability@Work programme secured 15 new frontline worker jobs and the majority of participants gained additional qualifications from support with online courses.

In February the Ability@Work team won an Aontas Star Award 2020, in the category of Adult Learning Initiatives that Support Sustainable Employment-Large Organisations. This category recognises adult learning initiatives that support participants to gain the necessary skills to improve their job opportunities and provide them with better quality employment.

Once the country went into lockdown in March the Ability@Work team were determined to keep communication lines open with the programme participants. This was for educational purposes but also to give a sense of structure, meaning and purpose to participants during this very difficult and challenging time.

This pandemic really took everyone out of their comfort zones and gave people the opportunity to think outside the box. The team firstly had to educate all participants on using video calls. Easy To Read documents, pictures and screen recordings were used depending on each individual's learning needs. Once this happened the team began immediately delivering 1:1's and Job Clubs over video calls.

Shortly after the lockdown started the 'Ability to Cook' initiative was launched . The aim with Ability to Cook was to create alternative ways to teach participants to cook using technology. The team were eager to continue to teach participants new



**Cope Foundation** 

Key number<mark>s:</mark>

Total people engaged

in education and training

# 48

Total people engaged in employment

# 80

Registered Job Seekers on the Ability@Work programme

15

New jobs created in 2020 (despite the unemployment challenges faced during the Covid-19 crisis)

Participants on our programme continue to work as essential frontline workers

971

Cope Foundation centres are supported by Ability@Work

skills despite the unprecedented circumstances facing them during the lockdown. Together with chef Chad Byrne of ChefVChef they named the initiative 'Ability to Cook'.

Ability to Cook became a weekly interactive video cooking class on Instagram. All of the participants first needed to be educated in using their smartphones/tablets to access Instagram and join a live video. This alone was a huge learning curve for some of our participants, but the initiative has been a huge success and continues to take place on a regular basis.

Friendly Phones is another new concept that was derived as a direct result of the lockdown. The aim is to provide peer to peer support to Ability@Work participants for the duration of this challenging time. It also offered three participants the opportunity to have a meaningful role in society by giving them a chance to volunteer remotely.

Three mobile phones were purchased in order to provide a confidential and professional service to both the volunteers and the peers they are calling. Comprehensive training took place with all volunteers, offering them support with Cope Foundation's policies relating to this topic, as well as mobile phone etiquette and emergency procedures. All volunteers were trained to document each individual call and to highlight any issues that arose.

It became a lifeline for some participants and the three volunteers have found this role very meaningful in the absence of their daily routines.

#### Annual Report 2020





# A Guide to Dementia Care

Over the past decade there has been a significant increase in the numbers of people with Down Syndrome and those with intellectual disability developing dementia. The presentation of dementia in people with Down Syndrome and those with intellectual disability may be subtle and often goes unrecognised until much later in the course of the disease. Dementia is a condition which requires careful and proactive management in order to best deliver quality services to those affected by the disease. With this in mind, the interdisciplinary team in Cope Foundation created this book as a practical guide for anyone caring for people with Down Syndrome (DS) and/or intellectual disability (ID) who are at risk of or who have dementia As Article 26 of the UNCRPD outlines this 'enables persons with disabilities to attain and maintain maximum independence'

### The book focuses on a range of topics including:

• The unique signs and symptoms of dementia in a person with Down Syndrome or an intellectual disability

- Key information relating to pain management and medication
- Practical strategies in supporting a person to maximise their daily living skills, communication and environment for as long as possible.

Congratulations and thank you to Senior Speech and Language Therapist Jenna Pyne and Senior Occupational Therapist Cathy Wyer for the immense work, energy and time they so willingly dedicated to this book. Thank you also to the members of the Dementia Care Team, past and present, who contributed to the book.

### You can purchase the book online here: www.cope-foundation.ie/ GuideToDementiaCare

Funds raised from the sale of the book will be used to support dementia care projects and initiatives across Cope Foundation.

• Screening and diagnosis

### **Financial Summary**

In 2020, Cope Foundation had an income of €70m approx received from various sources including the HSE, Government Departments and Fundraising.

This funding was mainly spent on the following:

- Staffing.
- Foods and medicines.
- Heating and lighting.
- Maintenance.
- Transport.
- Equipment.
- Insurance.
- Vehicles.
- Housing.

Cope Foundation received a request from the HSE in 2017 to process payments on behalf of the St Vincent's Centre in Cork, on the basis that corresponding funding would be provided by the HSE and which is included in the accounts for 2020.

Cope Foundation took full management control of St. Vincent's Centre from the 1<sup>st</sup> October 2020.

You can see more details in the Financial Statements for year ended 31-12-2020.

#### **About Our Fundraising:**

In 2020, Cope Foundation collected  $\in$  1,010,160 through fundraising.

Fundraising money spent in 2020 included the upgrade of a house to support the de-congregation policy, investment in augmentative and alternative communication devices including training and support, and other expenditure from designated fundraising income including the purchase of vehicles.

3% was used to help with the cost of raising funds. Some of these include advertising, printing and postage.

15% went towards paying a small number of fundraising staff.

Cope Foundation has signed up to different regulatory codes including:

- Charity Regulations introduced in 2014.
- The Wheel's Code of Governance.
- Statement of Guiding Principles for Fundraising.
- Voluntary Regulatory Code for approved housing bodies.

Cope Foundation is fully committed to being an open and transparent organisation and to ensuring that everything which is undertaken reflects our core values (read about our values on page 4).

Cope Foundation has an Audit and Risk Committee and both the external and internal auditors report to this committee regularly throughout the year, the aim of which is to ensure that:

- How our organisation is run and how our funding is used is in line with best practice.
- We are providing good quality services and supports.
- We are doing the right thing by the people we support, their families, our staff, our funders, and those who generously give their time and support towards our work.

You can read more about how we are audited in the 2020 Director's Report and Financial Statement available on www.cope-foundation.ie



### **Statement of Accounts**

### Income and Expenditure Account for the year ended 31 December 2020

	2020	2019
	€	€
Trading income	68,951,316	67,426,110
Trading Expenses		
Pay expenses	(59,263,101)	(56,273,733)
Non-pay expenses	(9,686,127))	(11,149,063)
Total trading expenses	(68,949,228)	(67,422,796)
Trading surplus/deficit	2,088	3,314
Other income/expenses		
Fundraising income	1,010,160	723,225
Fundraising expenses	(189,899)	(198,255)
Miscellaneous corporate expenses	(80,837)	(76,371)
Other Income	2,457,112	3,175,860
Other Expenditure	(2,457,112)	(3,175,860)
Net other income/expenses	739,424	448,599
Other required adjustments		
Grant amortisation	635,323	585,858
Depreciation charge	(2,690,758)	(2,691,140)
Impact of FRS 102 - pension scheme	(40,000)	(124,000)
Impact of FRS 102 - holiday accrual	(133,898)	(38,231)
Net other required adjustments	(2,229,333)	(2,267,513)
Net after effect of Other income/expenses & required adjustments	(1,487,821)	(1,815,600)

### **Statement of Accounts**

### **Balance Sheet as at 31 December 2020**

	2020	2019
Fixed assets	€	€
Tangible assets	55,942,451	57,995,930
Current Assets		
Stocks	146,144	152,215
Debtors	4,639,685	5,165,150
Cash and Bank Balances	6,109,028	2,819,848
-	10,894,857	8,137,213
Current Liabilities		
Creditors: amounts falling due within one year	(9,541,284)	(7,634,167)
Net current liabilities	1,353,573	503,046
Total assets less current liabilities	57,296,024	58,498,976
Deferred Government Grants	(14,491,876))	(14,247,006)
Defined benefit pension scheme asset	58,000	98,000
Net assets	42,862,148	44,349,970
Financed by: Reserves	42,862,148	44,349,970

These accounts are available on www.cope-foundation.ie

## **Going Concern**

The company had net current assets of  $\in$ 1,353,573 (2019: net current assets of  $\in$ 503,045) as at the year end date. The financial statements have been prepared on the going concern basis which assumes that the company will continue in operational existence for the foreseeable future. Given the nature of the activities of the company, funding for the majority of the activities is provided on an annual programme by programme basis. The company is dependent on the Health Service Executive (HSE) to provide funding to enable the company to continue as a going concern. The company has received notification from the HSE of its initial 2021 recurring funding allocation and, further approved one-off and recurring funding is expected to be notified during the year.

It should also be noted that the HSE has indicated that they will not fund any deficits for the year ending 2021 for any agency. If adequate funds are not forthcoming, the directors believe that they will have to reduce the services provided by Cope Foundation during the course of the year.

While there can be no certainty that the necessary funding will be granted by the HSE, the directors are continuing to engage with the HSE and are hopeful that this funding will be granted. If the funding is received from the HSE, this will allow the company to meet its obligations as they fall due. It is on this basis that the directors consider it is appropriate for the financial statements to be prepared on the going concern basis.

These financial statements do not include any adjustments that would result in the going concern basis of preparation being inappropriate.

### General Information & Members of Cope Foundation

Company Registered Number: 17844 Charity Number: 5288 Charity Registration Number: 20007584 Registered Office: Bonnington, Montenotte, Cork, T23 PT93

**Company Secretary:** John Murphy **Chief Executive Officer:** Sean Abbott

Independent Auditors: Grant Thornton, Penrose One, Penrose Dock, Cork

#### **Banks**:

Allied Irish Bank, 66 South Mall, Cork Bank of Ireland, 70 Patrick Street, Cork Permanent TSB, Cork

**Solicitors:** O'Flynn Exhams Solicitors, 58 South Mall, Cork

### Honorary Life Associate Membership

Aylmer Barrett Jerry Buttimer Snr. Sr Mary John Tom Monaghan William Murphy Derek Nolan Sr. Thaddeus O'Dea Mary O'Driscoll Canon George A Salter

Updated 30.03.2020

### **Honorary Members of Cope Foundation**

Angela Beechinor Brian Bermingham Denis Bohane Jeremiah Buttimer Jnr. Jerry Buttimer Snr Nigel Canning Michael Conway Marie Coomey Jerry Corkery Lorna Cotter Janice Cregan William Cuddy Geni D'Arcy Anthony Dinan Peter Dineen David P Donegan

Cathy Doyle **James Eivers** Catherine Field Gearóid Gilley **Patricia Gilley Hilary Grimes** Simon Healy John Higgins Liam Howe Rosaleen Hyland Sean Jennings Ann Keating William R Kelly David Leland Don McAleese Janice Long

Brian Mangan Noel McCarthy Stephen McCarthy **Rosaleen** Moore Kieran Moran John Mullins Kay Murphy Niall Murphy Stuart Musgrave Derek Nolan Mark C Nolan Patrick J O'Callaghan Derry O'Connor Frances O'Donovan Frank J O'Flynn Peter O'Flynn

Katherine O'Leary Denis O'Mahony Mary O'Mahony Michael O'Mahony Isobel O'Regan Dan O'Sullivan Mark O'Sullivan Thomas A Potts Philomena Powell John Punch Donna Roche Ruairí Roddy Seamus Scally William H Sullivan Jnr. William H Sullivan Snr. James Walsh



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