



Annual Report 2022

Your Life, Your Way

Acknowledgements

We wish to say thank you to the following people and groups for their help and support during the year:

- People we support
- Chief Officer and Staff, Cork Kerry Community Healthcare HSE
- Chief Executive and Staff, HSE
- Department of the Environment, Community and Local Government
- Minister and Officials, Department of Health
- Minister for Disability
- Minister and Officials, Department of Education and Skills
- CEO City Manager and Staff, Cork City Council
- Chief Executive and Staff, Cork County Council
- Cork Chamber of Commerce
- Secretariat, National Federation of Voluntary Service Providers
- Munster Technological University
- University College Cork
- Chief Inspector and Staff, Health Information and Quality Authority (HIQA)

Retired Staff

We would like to thank all retired staff members for their dedication and commitment throughout their working lives and send them our very best wishes for a continuing happy retirement.

Expressions Of Sympathy

We would like to express our sympathy to those families and friends of people we support and staff who passed away during 2022.

Volunteers

We would like to thank the many hundreds of volunteers around Cork city and county who offer their services in a variety of ways such as fundraising, helping at sporting, leisure and recreation occasions and much more. We really appreciate each and every one of you.

Easy to read

Most parts of our Annual Report are available in easy-to-read format. If you would like to receive easy to read versions of any part of the Annual Report, get in touch with our Communications and Fundraising Department.

E-mail communications@cope-foundation.ie **or telephone** 021 4643323

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Our Values, Vision & Mission

Our Vision is all about what we want Cope Foundation to do and achieve.

Vision: Your Life, Your Way

To enhance the lives of people with an intellectual disability and/or autism; working in partnership with them, their families and local communities, to provide a range of person-centred services and supports. This will enable each person to live life to the full, influence the decisions that affect them and actively participate in their community.

The mission of Cope Foundation tells us more about our vision and how we are going to make our vision real in the work we do every day.

Mission:

Supporting people with an intellectual disability and/or autism to live a life of their choosing, connected and participating in their communities.

Our Values:

Honest

We have respect for each other so we will always give each other the full and truthful picture. We deliver on promises.

Creative

We don't just accept what it is, we explore what it could be. We are inspired by challenges and we find new ways of doing things. We are constantly learning and striving to do things better.



Person-centred

We believe the people we support can live extraordinary lives. We put people we support first in everything we do. We treat people as individuals and respect their choices.

Kind

We will be kind and respectful in all that we do.



Gearóid Gilley
Chairperson of
Board of Directors

Dear Friends,
I am pleased to
present to you on
behalf of the Board of
Cope Foundation our Annual Report
for 2022.

Our key objective in 2022 was to ensure that our new normal following the Covid-19 pandemic, offered a positive and safe experience for the people we support. We appreciate and express our sincere thanks to all our colleagues and partners as we together identified and re-modeled new ways of maintaining our services in a safe and caring manner.

Cope Foundation is a not for profit organisation that supports over 2,800 children and adults with an intellectual disability and/or autism across a growing network of 70+ locations in Cork city and county. Our Strategic Plan is progressing well and sets out an ambition that is reflective of how our services must develop

and transform to meet future needs, as informed by government policy which continues to evolve. Our recent special members evening was an opportunity for us to outline the plan detail and to seek feedback.

The Board would like to highlight a selection of our services which continue to make a real difference for the people we support. The Ability@Work programme is a dedicated supported employment service approved by Government, with support from the Dormant Accounts Fund. The programme aims to bring young people with an intellectual disability and/or autism closer to the labour market. We are grateful to the many employers in Cork who have supported various work placements and in turn gained greater understanding of an inclusive workplace. Our Arts and Creative Arts Therapies, in particular Suisha Inclusive Arts and the Physical Activities and Sports Department do incredible work in promoting active participation for many people we

support. The Home Sharing initiative is a local based service that provides short breaks (respite) and full time (shared living) placements for adults and children with an intellectual disability and/or autism and is an example of community inclusion.

In 2022, the Board navigated with management the ongoing challenge to fund the unprecedented increase in the cost to serve the people we support. Our funding partners have addressed in a fair way the exceptional energy and associated cost increases which we hope will stabilise in 2023. We continue our ongoing recruitment campaign to attract new staff for the various professional disciplines to work in our service against a backdrop of a tight labour market.

The Health Information and Quality Authority (HIQA) play a vital national role in regulating service providers in the disability sector. We are committed to our ongoing partnership with HIQA to continuously improve and achieve best practice in our processes that will enhance the lives of the people we support in all our registered centres.

The Assisted Decision-Making (Capacity) Act 2015 was signed into law on the 17th December 2022. The Act outlines a system of supports for adults who have difficulties

with decision-making capacity. It adopts a 'rights based' approach to decision making with respect for the will and preference of the person. We look forward in supporting its successful implementation.

Time to Move on from Congregated Settings is a strategy for community inclusion where people with disabilities are supported to move to their own homes in the community with all the necessary supports. We are making steady progress with this objective and are in the process of fully completing the decongregation of Ashville in Montenotte and St Vincent's Centre. We will continue to explore opportunities with other centres, working closely with all stakeholders.

The Board share an ongoing concern with the levels of demand for autism supports, home supports, therapies, short breaks and the changing needs of our ageing population. We understand that families find it difficult and frustrating at times with the degree of support offered. We are determined to continue our efforts to do the very best we can in making improvements.

The Board and colleagues wish to express our sympathies to the families of Skibbereen Fundraising Committee Member, Mary O'Driscoll and former staff member, Sr. Thaddeus O'Dea. Ar dheis Dé go raibh siad.

Finally, I wish to say thank you to our colleagues, Chief Executive and Leadership Team, the Board of Directors and the Health Service Executive for your advice and commitment. We are grateful for the support of our fundraisers, volunteers and the generosity of our donors, all of whom make a big difference in helping us to do exceptional things. We feel privileged to be part of the lives of the people we support and look forward in continuing to play our part in helping you to live "Your Life, Your Way".



Sean Abbott
Chief Executive
Cope Foundation

After almost three years of living in a global pandemic, 2022 was the year the world began to return to normality. While this was most welcome and met with positivity, uncertainty and difficult times were still prevalent within our organisation.

As we came out of the numerous waves of Covid-19 during the year, the knock-on effect and impact was still felt across the entire organisation. We experienced staff shortages, which in turn affected the resumption of many services. A focus on Infection Prevention and Control (IPC), mask wearing and social distancing continued to be the norm across our locations.

At Cope Foundation, when we are presented with an issue, we look at

solutions and new ways of doing things. While we were faced with many barriers, as an organisation, we progressed significantly in 2022.

Some examples being:

- Many people we support gained meaningful paid employment through our Ability@Work programme, others returned to training, the arts and activity on a full-time basis.
- Our main administration offices moved to a new location in The Atrium, Blackpool Business Park.
- There were career progression opportunities for many colleagues.
- The work of our three Children's Disability Network Teams progressed.

For me, 2022 was the year of change, innovation, progression and looking

towards the future. Some of these successes will be described in this year's report by the people themselves, please take the time to read and enjoy them.

Progression was also made with our Strategic Plan. This is the roadmap for the next few years and will provide us with a worthy challenge in our efforts to realise positive change and improvement to meet the significant and sustained increase in demand being placed on our services. Some of the developments from 2022 will be highlighted in this Annual Report.



2022 was the year of change, innovation, progression and looking towards the future.



Some things were outside of our control, as a result, this posed challenges. The war in Ukraine and the resultant energy crisis, as well as increased costs across all elements of spending meant that our budget for such things was placed under pressure. Through careful procurement, cost containment strategies, supported by colleagues all over the organisation, we also managed to weather that storm.

Our ability to attract sufficient numbers of staff to fill vacancies across all departments has also caused concern as

it has a significant and direct impact on the people we support and their families. This continued throughout 2022, but we are now seeing some signs that things are improving as we move into 2023.

The annual report and my statement give me the opportunity to thank my colleagues across the organisation in a very public way. Every department and person that works with me in the organisation are central to making some of the changes and improvements we are trying to bring about so that we can continue to support people to live a life of their choosing, in the community, with people they want to be with.

I would like to personally acknowledge and thank each and every one of them for their continued hard work, dedication and commitment in 2022. I am very much appreciative of the work, flexibility and understanding that has assisted in getting us through some of the challenges mentioned above - thank you.

Finally, I would like to thank:

- Our Chairperson Gearóid Gilley and the entire Board of Directors for giving their time, expertise, and unwavering support so generously.
- Health Service Executive and Cork Kerry Community Healthcare colleagues both locally and nationally for their continued collaboration and support for the work that we do.
- Most importantly, the people we support, their carers and families for allowing us into their lives and for their understanding and patience during 2022.

Home Sharing

Rachel Moriarty is Cope Foundation's Home Sharing Manager. Rachel explains the concept of Home Sharing and the impact it has on people we support and their families.

Home Sharing is when a family in the community opens their home to a person with an intellectual disability and/or autism. We strive to empower the person we support to have dignifying relationships and to be included meaningfully in their community.

A Host Carer is an individual that has been recruited, assessed, trained and vetted by Cope Foundation.

Home Sharing is part of the menu of person-centred services Cope Foundation are committed to delivering.

In 2022 we undertook a survey with anyone who is connected to Home Sharing (people we support, families and Host Carers). We asked everyone how the service has changed their lives, below are some of the answers we got:

"Home Sharing has made us open and aware."

- Host Carer

"They are friendly. We like going out for meals to the cinema and going to get coffee and cake. We also watch movies on TV and go for walks."

- Person we support

"The Host is amazing. It's a fantastic service."

- Family of the person we support

"It has brought us closer together."

- Host Carer

"We are happy with our experience and the great relationship we have with our Host family."

- Family of the person we support

“Being part of the service has brought so much joy into my home.”

- Host Carer



“I love my Host family, we have great fun together.”

- Person we support

2022 Campaign

‘You can Transform a Life’ was the concept for our 2022 recruitment campaign. We believe every person has what it takes to be a Host Carer. A home from home short-break or full-time placement can change the lives of the people we support. It can also change the lives of Host Carers.

The campaign was shared across social media, newspaper and radio with the help of Host Carers Liam and Tina Dunleavy pictured above. Tina spoke to Ryan Tubridy on his radio show on RTÉ Radio 1. Overall, the campaign reached an audience of over half a million people.

The campaign is part of Cope Foundation’s ongoing commitment to expand our Home Sharing service. By the end of 2022 we provided approximately 170 sessions of support each month. Through dedication and hard work Cope Foundation has also trailblazed a new service for Young Persons Leaving the care of Tusla. We have shared our learning from this in a Best Practice Document for the NHSN (National Home Sharing Network) on Full Time Placements of Young Persons Leaving the care of Tusla.

Cope Foundation has demonstrated that we have the skill and expertise to further expand Home Sharing.

To find out more about Home Sharing, please contact our Home Sharing Team

Phone: 086 083 4461

Email: homeshare@cope-foundation.ie

HR Recruitment Open Days



Benefits of a Career in Cope Foundation

- Payment in line with the consolidated salary scales from the department of Health and Children
- Membership of the Single Public Service Pension Scheme
- Sick leave paid in line with the public sector sick pay scheme
- Paid Maternity Leave/Paternity Leave
- Staff training
- Employee Assistance Programme provided by Vhi

In 2022 Cope Foundation launched a series of Recruitment Open Days throughout Cork city and county to fill a variety of roles across a range of departments. This presented a wonderful opportunity to meet and talk to people about Cope Foundation and the work we do.

Kate Prendeville is a staff nurse and has worked in Cope Foundation for 12 years, Kate supported Cope Foundation to promote the recruitment drive. She said, "What I like most about working in Cope Foundation is the people we support, they 100% make the job worth it every day."

Four open days were held between April to November, a total of 226 people attended these days. It was important to meet people in a variety of venues, these included: the Metropole Hotel in Cork City; The Clayton Hotel in Silversprings; The Hibernian Hotel in Mallow and Cope Foundation's Day Centre in Clonakilty. At the open days we were joined by staff from across the organisation. They took time to meet with people to discuss and explain the work they do on a day-to-day basis, how their careers progressed and highlight some of the benefits of working in Cope Foundation.

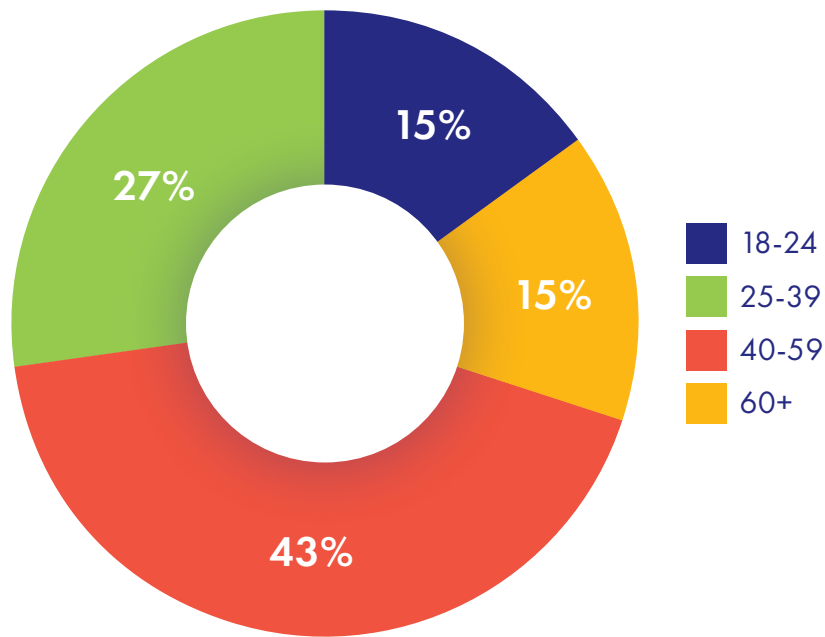
Our Recruitment Open Days provided a new pathway to introduce potential future employees to the work of Cope Foundation. Following this success, we will be hosting more Open Days in 2023 to expand our growing teams.

To learn more about a career in Cope Foundation visit:

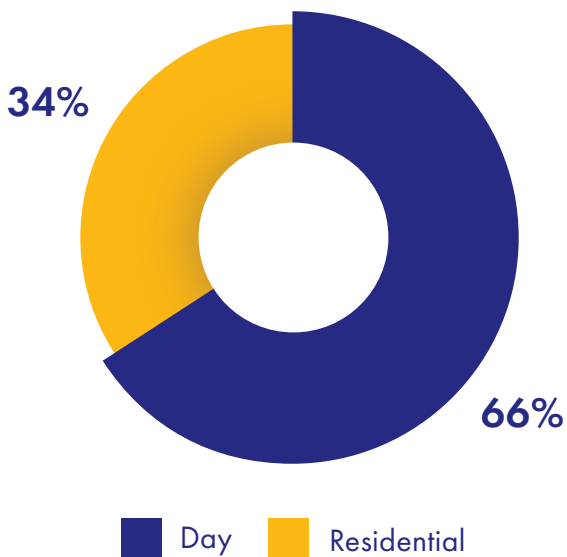
www.cope-foundation.ie/Contact/Recruitment-and-Jobs

Facts and Statistics

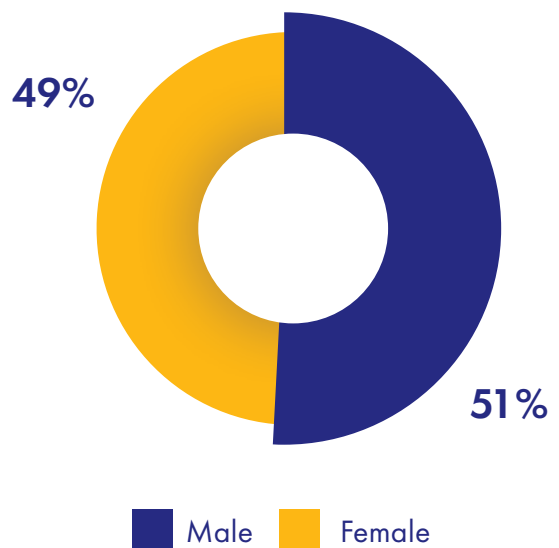
Breakdown of people supported full-time by age



Breakdown of people attending day services/living in residential services



Breakdown of people supported full-time by Male/Female



Cope Foundation is the lead agency for three Children Disability Network Teams providing services under the Progressing Disability Services model to approximately 1,500 children across 3 networks covering Cork City and County areas.

2022 at a Glance





Honorary Directors



Gearóid Gilley
Chairperson



Donna Roche
Vice Chairperson



Geni D'Arcy



James Eivers



Simon Healy



John Higgins



Margaret Linehan



Kieran Moran



Katherine O'Leary



Isobel O'Regan



John Punch

Attendance Record and Committees

Board Meeting Attendance Records – 2022

Directors Name	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Geni D’Arcy	P	P	P	P	P	P	A	A	P	P	P	A
James Eivers	P	P	A	P	A	A	P	A	P	P	P	P
Gearóid Gilley	P	P	P	P	P	P	P	P	P	P	P	P
Simon Healy	P	P	P	P	P	P	P	P	P	P	P	P
John Higgins	P	P	P	P	P	P	A	A	P	A	P	P
Kieran Moran	A	P	A	A	A	A	A	P	P	P	A	P
Katherine O’Leary	P	P	P	A	P	P	P	A	A	P	P	P
Isobel O’Regan	A	P	P	A	P	A	P	A	P	P	P	P
John Punch	P	A	P	P	A	P	A	P	A	P	P	A
Donna Roche	P	P	A	A	P	P	P	P	P	A	P	P
Margaret Linehan	NA	NA	NA	NA	NA	NA	NA	NA	NA	P	P	P

Keys: P = Present, A = Absent and NA = Not Appointed

Board Sub Committee Structure 2022

Audit and Risk Committee

John Higgins - Chairman, Donna Roche, Jerry Corkery, Kieran Moran, John Punch and John Murphy

Advocacy and Community Engagement Committee

Katherine O’Leary - Chairperson, Daragh Forde, Eamon Nash, Mark Nolan and Regional Manager TBC

Service Infrastructure Committee

Isobel O’Regan - Chairperson, Jim Fleming, Eamon Nash, Sean Abbott, John Punch, Seamus Costello and John Higgins

Strategy Steering Committee

Simon Healy - Chairman, Donna Roche, Marguerite O’Brien, Sean Abbott and Gearóid Gilley

Quality and Safety Governance Committee

Donna Roche - Chairperson, Deirdre Burns, Anna Broderick, Mary Granja, Vanessa Sheehan, Alan O’Sullivan and David Donegan

Colleague Success, Remuneration and Nomination Committee

Geni D’Arcy - Chairperson, Sean Abbott, Eamon Nash, Donna Roche and Gearóid Gilley

Information and Technology Committee

James Eivers - Chairman, Brian Marshal and Marguerite O’Brien

Pension Trustee Committee

William Cuddy - Chairman, Anthony Dinan, John Murphy and John Punch



**“In 2022,
my dream
came true and
I achieved my
goals.”**

Meet Jean

My name is Jean and I am 37 years old. I attend Ard Dara Activation Centre in Cope Foundation five days a week. In 2022, I set out a goal to go on holidays with staff and my friends. I created a list of all the places I wanted to visit. One city that I really wanted to see was Rome.

I went to Rome in March. This was an amazing experience! I flew off with my friend Ray, and staff members Christine and Linda. We visited the Trevi Fountain; the Vatican City and the Colosseum. My favourite foods are pizza and pasta, they tasted even better from Italy. I was really proud of myself when I was able to visit all the top tourist spots in Rome. We saw so much of Rome, that in fact, one day we clocked up over 12,000 steps. To celebrate, I ate gelato while sitting at the Trevi Fountain. I loved watching the world go by. It was a trip I will never forget. In 2022, my dream came true and I achieved my goals.



"I love living in a house with fewer people, my quality of life has improved so much."



Meet Ashley

Hi there! I'm Ashley, I'm from West Cork and living in Montenotte. I had a fun-filled 2022. I share my house with two housemates and we have the best time together! I spent my summer gardening and going on lots of day trips. I also turned 40 years old. I celebrated with a big party in the Glen Resource Centre with all my favourite people and food. My housemates and I went to Killarney in the Autumn, we went to the pub and enjoyed a céilí.

I enjoyed going to the farmers market to get some hot chocolate and going to Cobh to see the cruise ships. When the weather isn't good, I enjoy our sensory room where I like listening to music and the lights. I love living in a house with fewer people, my quality of life has improved so much. It's definitely more person-centred. This has been made possible due to the long-term staff as they are very in tune with my personality and particular wants, needs and values.

“I have a great circle of friends in the Hub... I have a job, which gives me access to extra money. The future is very bright!”



Meet Kevin

My name is Kevin, I'm 29 and I'm from East Cork. I attend Midleton Community Hub 5 days a week. I travel independently from my house to the Hub.

With the support of the staff and in particular my support worker Keelan, I engage in activities, which include playing floorball, soccer, art classes and being involved in my local community. It's fair to say I have always enjoyed being part of and attending the Hub.

A few years ago, I enrolled in a Secad Ability Course which is designed to prepare people for the working world, which I had never thought about before. The course gave me a lot of confidence. Through this course, I gained my first work experience position in Mr. Price in Midleton. I started working two days a week for two hours per day and slowly built up my hours, this has been a big part of my life in 2022. From the get go, I enjoyed working in Mr. Price. I love having colleagues and setting tasks for the working day.

It's safe to say that in 2022, my overall experience of Cope Community Hub in Midleton has been a very positive one. I have a great circle of friends in the Hub, I have a timetable that suits my needs and I have a job, which gives me access to extra money. The future is very bright!



“I think self-confidence is a super power and my journey started with asking for support with my literacy.”

Meet Marion

I'm 37 and I'm from Macroom. In 2022 I attended the Community Hub in Macroom, it is only a 5-minute walk from where I live.

I used to attend QDS in Cope Foundation. For a while I missed going there as I had a larger circle of friends there. However, I don't miss the early bus journeys into Cork in the mornings and returning late in the evenings. It was a bit strange to get familiar with my new routine, but I realised that it is much better for me as I am beginning to get to know my community. With my support worker in Macroom, I started a journey in 2022 that has literally turned my life around.

Firstly, I took the plunge to admit that I needed help with literacy, I am now going to the CETB every Wednesday for 1:1 classes. This gave me great confidence to believe in myself, something that I never had before. I also joined a local gym and attend classes most evenings. A goal of mine is to complete a marathon in the next two years, attending the gym regularly will help me to achieve that. I also completed and passed an OCS (a facilities management company) manual handling course. 2022 was a great year for me. I think self-confidence is a super power and my journey started with asking for support with my literacy.

Expanding and Refurbishing our Locations



As part of Cope Foundation's Strategic Plan, the national model of decongregation and compliance with building regulations, 2022 saw significant upgrade, refurbishment and development of locations across Cork city and county.

Here are some of the highlights and progress that was completed in 2022:

In line with the national model of decongregation and in order to deliver a person-centred service, Cope Foundation acquired properties located in the heart of Tower, Grange and Macroom. All homes will undergo significant energy upgrades and be retrofitted to suit the needs of the people who will call them home. We anticipate the houses will open in the second half of 2023.

In 2022 Cope Foundation continued to develop Community Hubs by acquiring a property in Market Square, Mallow. The Community Hubs purpose is to, where and when necessary, provide support and opportunity for individuals using the service to determine their own journey in their lives. The Mallow Community Hub will support up to 35 people and will have a mix of large open spaces, a kitchen to learn new skills and more. More importantly, this property is accessible and located in the



middle of a bustling town, it will act as a spring board for people to expand and broaden their horizons in their own community.

2022 was not only a year in which Cope Foundation acquired properties; the organisation also retrofitted and refurbished a number of existing locations to ensure compliance with building regulations. A six-bedroom bungalow in Skibbereen underwent renovations. In May, a deep renovation of a six-bedroom two storey residential property in Mayfield was completed.

Furthermore, a number of properties across the city and county were upgraded. Properties replaced windows; installed a shomera which will act as a meeting space for family and friends; new boilers and new hoists were installed across the organisation. A number of shower and bathroom facilities were upgraded. The Therapy Pool in Bonnington Montenotte

was given a refresh; a new pool cover was purchased; all hoists were replaced; new energy efficient pumps were installed and the building was painted throughout.

“
Ensuring we can deliver individualised services and supports to people is of utmost importance.
”

We made significant strides in 2022 to achieve this, the organisation will continue this work in 2023.

Fundraising Highlights



We kicked off 2022 with our annual 300,000 Steps Challenge. The virtual fundraiser saw people across Cork city and county tracking their steps the 28 days of February to reach the 300,000 Steps target, while raising funds for Cope Foundation. Thanks to sponsorship from EY, the campaign was a great success and participants really enjoyed taking part.

Trigon Hotel Group Partnership

Our charity partnership with Trigon Hotel Group continued to grow. In April 2022, after months of planning and hard work, we were honoured to have An Taoiseach, Micheál Martin officially open our new sensory garden. The project was a collaboration between Cope Foundation and Trigon Hotels. Volunteers from both organisations transformed a patch of unused

ground next to Beech Hill Garden Centre, Montenotte, into an inviting space filled with different textures, scents and sounds. The hotel group continued to promote a culture of inclusivity throughout Cork in the workplace and supporting Cope Foundation's Ability@Work Programme. Thank you to all the Team at Trigon for your commitment and dedication to Cope Foundation.

Golf Classic

Lee Valley Golf and Country Club hosted our annual Golf Classic in June where over 200 golfers joined us to play golf and raise funds to support our work. The ever-popular event, which is sponsored by O'Flynn Exhams Solicitors LLP, involves supporters and sponsors from across the corporate community. We were delighted to once again welcome golfers who are supported by Cope Foundation and golfers from the Northern Ireland Blind Golf Association (who won second place overall in the two-day competition.)

Light Up Cork

On International Day of Persons with Disabilities (Saturday 3rd December), we celebrated our virtual campaign 'Light Up Cork' to shine a light on inclusion. Trigon Hotels were once again on board to support a campaign that meant a lot to us. Thanks to the team, every person who joined us on Harley Street received complimentary festive treats (which were delicious!). Cork entertainers Korey Power and Dylan Brickley sang festive tunes and entertained the crowd. It was an incredible day; we are so thankful to everyone who stopped by to chat about #inclusion.

Thank you

We also worked with our fantastic Committees dotted across the county as well as the Cope Foundation Golf Alliance. Huge thanks to our wonderful team of volunteers, committees, families, corporate supporters, sponsors, and regular givers who helped to raise €557,679 for Cope Foundation in 2022. Your support and commitment is really appreciated.

- We were delighted to be beneficiaries of the **Lord Mayor's Summer Ball** in May. A total of €9,933.20 was raised in aid of Cope Foundation.
- We were thrilled to cheer on anyone who joined #TeamCope for the **Cork City Marathon** in June.
- September saw hundreds of people take to the streets of Cork city to get involved in the **Echo Women's Mini Marathon**.
- In October, with support from Suisha Inclusive Arts and photographer Matthew Murphy, we launched our **2023 Calendar**.



"Huge thanks to our wonderful team of volunteers, committees, families, corporate supporters, sponsors, and regular givers who helped to raise **€557,679 for Cope Foundation in 2022.**"

Financial Summary

Cope Foundation is a not for profit organisation, constituted as a company limited by guarantee, not having a share capital, that supports 2,800 children and adults with an intellectual disability and/or autism across Cork City and County, and is also a registered charity (reference 5288), and is registered with the Charities Regulator (reference 20007584).

In 2022 Cope Foundation had income of €85m approx. received from various sources including the HSE, Government Departments and Fundraising.

The income for the year was expended on a combination of professional payroll and associated costs of €72m approx. plus €13m approx. on a range of non-pay expenditure including, food, medicines, heating & lighting, maintenance, transport, equipment, insurance, vehicles and housing. During the year, the average number of whole time equivalent staff was 1,120 staff.



In 2022 Cope Foundation had income of €85m approx. received from various sources including the HSE, Government Departments, and Fundraising.



Fundraising

In 2022, Cope Foundation collected €557,679 through fundraising, which will be spent on services and supports including the upgrade of residential accommodation to support independent living and decongregation, investment in augmentative and alternative communication devices including training, support and other expenditure from funds received for specific purposes.

4% went towards the cost of raising funds, including advertising, printing and postage etc. 24% went towards paying a small number of fundraising staff.

Cope Foundation has signed up to different regulatory codes including:

- The Charities Regulator
- The Wheel Code of Governance
- Statement of Guiding Principles for Fundraising
- Regulatory Code for approved housing bodies

Cope Foundation is fully committed to being an open and transparent organisation and to ensuring that everything which is undertaken reflects our core values. Read about our values on page 4.

Cope Foundation has an Audit and Risk Committee and both the external and internal auditors report to this committee regularly throughout the year, the aim of which is to ensure that:

- How our organisation is run and how funding is used is line with best practice
- We are providing good quality services and supports
- We are doing the right thing by the people we support, their families, our staff, our funders, and those who generously give their time and support towards our work

You can read more about our accounts in the 2022 Directors Report and Financial Statements available on www.cope-foundation.ie.



Statement of Accounts

Income and Expenditure Account for the year ended 31 December 2022

	2022	2021
Operating income	€85,084,660	€76,182,645
<i>Operating Expenses:</i>		
Pay expenses	(€71,398,876)	(€65,524,579)
Non-pay expenses	(€13,109,759)	(€10,643,061)
Total operating expenses	(€84,508,635)	(€76,167,640)
Operating surplus	€576,025	€15,005
Other income/expenses		
Fundraising income	€557,679	€543,040
Fundraising expenses	(€156,991)	(€168,465)
Miscellaneous corporate expenses	(€94,804)	(€126,343)
Net other income/expenses	€305,884	€248,232
Other required adjustments		
Grant amortisation	€790,449	€738,515
Depreciation charge	(€2,791,431)	(€2,799,509)
Loss on disposal	(€1,428,463)	-
Impact of FRS 102 - pension scheme	(€8,000)	(€50,000)
Net other required adjustments	(€3,437,445)	(€2,110,994)
Net after effect of other income/expenses & required adjustments	(€2,555,536)	(€1,847,757)

These accounts are available on www.cope-foundation.ie

Balance Sheet as at 31 December 2022

	2022	2021
Fixed assets		
Tangible assets	€51,521,985	€54,586,520
Current Assets		
Stocks	€155,619	€153,767
Debtors	€8,533,400	€6,601,442
Cash at bank and in hand	€9,825,088	€6,765,773
	€18,514,107	€13,520,982
Creditors: amounts falling due within one year	(€16,526,074)	(€11,585,580)
	€1,988,033	€1,935,402
Total assets less current liabilities	€53,510,018	€56,521,922
Creditors: amounts falling due after one year	(€361,350)	(€381,150)
Deferred Government Grants	(€14,689,814)	(€15,134,382)
Defined benefit pension scheme asset	-	€8,000
	€38,458,854	€41,014,390
Net assets	€38,458,854	€41,014,390
Financed by: Reserves	€38,458,854	€41,014,390

These accounts are available on www.cope-foundation.ie

Going Concern

The company had net current assets of €1,988,033 (2021: net current assets of €1,935,402) as at the year-end date. The financial statements have been prepared on the going concern basis which assumes that the company will continue in operational existence for the foreseeable future. Given the nature of the activities of the company, funding for the majority of the activities is provided on an annual programme by programme basis. The company is dependent on the Health Service Executive (HSE) to provide funding to enable the company to continue as a going concern. The company has received notification from the HSE of its initial 2023 recurring funding allocation and further one off and recurring funding is expected to be notified during the year.

It should also be noted that the HSE has indicated that they will not fund any deficits for the year ending 2023 for any agency. If adequate funds are not forthcoming, the directors believe that they will have to reduce the services provided by Cope Foundation during the course of the year.

While there can be no certainty that the necessary funding will be granted by the HSE, the directors are continuing to engage with the HSE and are hopeful that this funding will be granted. If the funding is received from the HSE, this will allow the company to meet its obligations as they fall due. It is on this basis that the directors consider it is appropriate for the financial statements to be prepared on the going concern basis.

These financial statements do not include any adjustments that would result in the going concern basis of preparation being inappropriate.

Members of Cope Foundation

Honorary Members of Cope Foundation

Angela Beechinor
Amy Begley
Brian Bermingham
Denis Bohane
Jeremiah Buttimer Jnr.
Nigel Canning
Michael Conway
Marie Coomey
Jerry Corkery
Lorna Cotter
William Cuddy
Geni D'Arcy
Anthony Dinan
Peter Dineen
David P. Donegan
Cathy Doyle

James Eivers
Gearóid Gilley
Patricia Gilley
Hilary Grimes
Simon Healy
John Higgins
Liam Howe
Rosaleen Hyland
Sean Jennings
Ann Keating
William R. Kelly
David Leland
Kathleen Linehan
Margaret Linehan
Janice Long
Brian Mangan

Don McAleese
Noel McCarthy
Stephen McCarthy
Rosaleen Moore
Kieran Moran
John Mullins
Kay Murphy
Niall Murphy
Stuart Musgrave
Mark C. Nolan
Patrick J. O'Callaghan
Derry O'Connor
Frances O'Donovan
Peter O'Flynn
Katherine O'Leary
Denis O'Mahony

Michael O'Mahony
Isobel O'Regan
Dan O'Sullivan
Mark O'Sullivan
Thomas A. Potts
Philomena Powell
John Punch
Donna Roche
Ruairi Roddy
Seamus Scally
William H. Sullivan Jnr.
James Walsh

● = Board Directors

Honorary Life Associate Membership

Aylmer Barrett
Catherine Field
Sr. Mary John

Tom Monaghan
William Murphy
Sr. Thaddeus O'Dea (RIP)

Mary O'Driscoll (RIP)
Frank J. O'Flynn
Canon George A. Salter

General Information

Company Registered Number:

17844

Charity Number: 5288

Charity Registration Number:

20007584

Registered Office:

Bonnington, Montenotte, Cork, T23 PT93

Company Secretary: John Murphy

Chief Executive Officer: Sean Abbott

Independent Auditors:

Grant Thornton, Penrose One,
Penrose Dock, Cork

Banks:

Allied Irish Bank, 66 South Mall, Cork

Solicitors: O'Flynn Exhams LLP Solicitors,
58 South Mall, Cork



Cope Foundation, Bonnington, Montenotte, Cork T23 PT93

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w: www.cope-foundation.ie

Company Limited by Guarantee Number 17844.

Charity Number 5288 | Charity Registration No. 20007584