



HORIZONS

Cope Foundation in Cork Communities

Support a sociable gentleman to attend activities and excursions

Activities/Outings Assistant - Ballinlough area

A very sociable, friendly person we support would love a volunteer's company in the evenings to help him partake in activities outside of his home. This man in his early 40's has a wide range of interests and would ideally like to do something active like learn to play tennis, walking or bowling. But he is very flexible and would also enjoy attending Cork City games, a GAA match, playing pool and having a drink or going to the cinema.

He has a limited vocabulary but he has great understanding and will use gestures and visuals to help him communicate with others. He loves meeting new people and would love a friend of his own outside of the Horizons staff members.

The volunteer should have a kind, friendly, upbeat attitude, a good sense of humour and a range of interests. Tues/Thurs evenings from 7PM. to 10PM. would be ideal but again he is flexible, apart from Weds evenings so we could suit the volunteer's availability.

This gentleman is based in the Ballinlough area, close to many amenities and on a good public transport network.

The volunteer will gain experience of working with someone with an intellectual disability and will make a new friend. Training and support will be provided. By getting involved you will be supporting this person to engage with his community in the evenings, enhance his quality of life and contribute to his health and well-being.



3 hrs/Flexible



Ballinlough area

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie