



HORIZONS

Cope Foundation in Cork Communities

Support people to take part in the local community and learn new skills

Activities/Outings Assistants - Mitchelstown

Volunteers are needed to help staff in supporting residents to attend activities i.e. social outings, physical activities, swimming etc.

The volunteers must be willing to undertake mandatory training, be kind, caring and sociable people. Experience of working with people with an intellectual disability is desirable. The times involved are 11AM to 1PM or 3PM to 5PM Monday to Thursday or Friday morning 11AM to 1.30PM.

Volunteers will learn new skills and have a rewarding experience.



2hrs per week



Mitchelstown

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie