



Do you have time to volunteer in your community?

## **Activities Support Assistant - Hollyhill**

Volunteers are needed to help supervise activities running in our Ard Na Gaoithe Day Centre in the Hollyhill area - any day between Monday and Friday from 11AM to 12.30PM, or 2.00PM to 3.30PM.

The volunteers will help with activities including, walking, gardening, watching DVD's, indoor games, puzzles, table top activities.

The volunteer must have good communication skills and be willing to engage socially with adults with an intellectual disability.

The volunteers will gain experience of interacting with adults who have an intellectual disability whilst engaging in a fun activity.



1.5hrs per week



Hollyhill

## Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie