



Do you have time to volunteer in your community?

## Assistant (General) - John Bermingham Centre

We require volunteers in our John Birmingham Centre (JBC) Glasheen to assist at meal times, help people access their local community and help with daily activities, such as Bocce, Bingo, Karaoke, Art etc.

This position is based in a centre for adults with high support needs. Any time you can give to the day centre would be considered, between 9.30AM and 4.30PM Monday to Friday. An interest in working with intellectually disabled people with high support needs is desirable.

The volunteer must be patient and willing to learn. A talent such as singing, music or art would all be very much appreciated.

This role will provide any student wishing to gain experience with a great opportunity to work with a group of clients with complex needs. Training and support will be provided.



Flexible



Glasheen

## Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie