



HORIZONS

Cope Foundation in Cork Communities

Support people to take part in the local community

Community and Employment Support Workers - Cobh Day Centre

Do you have some time to give in your local community? Would you like to be part of something rewarding?

Horizons are currently seeking volunteers to help with a range of activities to support people to access their community, such as shopping and engaging in recreational activities. The people we support also need help to access employment opportunities. Volunteers can help with this by accompanying them while they are on work experience with various employers.

Some experience of supporting people with an intellectual disability using a human rights-based approach is desirable. However, we can provide training & support where necessary.

We would like volunteers to commit to two hours per week for at least six months. The hours involved can be flexible between Monday and Friday, 9AM to 5PM. Some evening hours could also be considered.

The volunteers will make a real difference by enabling the people we support to engage in a meaningful way with their local community. This will help to widen their social circle and develop meaningful relationships and will open up new possibilities to try new things and to have new experiences. They will also make it possible for people to access employment and gain the satisfaction and rewards that this brings.



2hrs per week, minimum 2 months



Cobh Day Centre

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie