



# **Horizons**

Cope Foundation in Cork Communities

*We need volunteers to help maintain our garden and sensory garden*

## **Gardening Assistant**

We need volunteers to help maintain our large garden and sensory garden in our Mitchelstown residence during the Spring and Summer months.

Volunteers will make a big difference to the people we support who enjoy this garden and will also enhance their own quality of life. They will also be gaining job satisfaction by giving back to a local community.

The volunteers will help with hedge trimming, spraying, small areas of weeding, maintaining shrubs, general tidying, planting small bedding plants and painting of garden furniture.

Volunteers will ideally have some knowledge and a love of gardening.

We need help for 3 hours twice a week at any time that suits. This can be shared between two or more volunteers.

If you can help we would love to hear from you.



*3 hours week twice a week*



*Mitchelstown*

**Please contact Milly Farrell, Volunteer Coordinator:**

Phone: 021-4643294 / 086-0412354 or email: [volunteer@horizonscork.ie](mailto:volunteer@horizonscork.ie)