



HORIZONS

Cope Foundation in Cork Communities

We require a number of volunteers in our Glasheen residence to assist with activities.

General Support Assistant - Glasheen Residence

Volunteers are needed for the following activities:

Outings Assistant – for 1 to 2 hours morning or evening on various days, to attend coffee mornings, shopping or cinema, some previous experience of people with an intellectual disability is desirable.

In house activation – for 1 to 2 hours morning or afternoon on various days, to have a cup of tea & chat, hand massage, reading, assisting the people we support on short walks around the grounds.

Summer full day outings – from 10AM to 6PM on various days, volunteer must be over 18 years old.

Musicians - for 1 to 2 hours morning or afternoon on various days, playing an instrument and/or singing to entertain the people we support with music. Volunteers must be caring, patient and enthusiastic. Training will be given.



1-2hrs



Glasheen

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie