



# HORIZONS

Cope Foundation in Cork Communities

*Support a woman to attend social activities*

## Social Outings Companion - Fermoy

Horizons Fermoy needs a volunteer to support a lady who enjoys attending matches, going out for a meal, going to concerts or to the local pub for music etc. She has a great interest in all sports and would love if the volunteer shared that interest. She loves to meet new people. She is independent in all areas of her life but just needs to build up her confidence on using public transport so this is an area she will need your help with.

Friday evening or at the weekend would be perfect but the time can be fairly flexible depending on the volunteer's availability. The time you give will help to grow this woman's confidence and will enhance the quality of her life.

She will be achieving a personal goal and will greatly appreciate your friendship. You will also make a new friend and have the opportunity to attend various outings in wonderful company.



*Flexible*



*Fermoy*

**Please contact Milly Farrell, Volunteer Coordinator:**

Phone: 021-4643294 / 086-0412354 or email: [volunteer@horizonscork.ie](mailto:volunteer@horizonscork.ie)