



HORIZONS

Cope Foundation in Cork Communities

Support a group of men to live their lives their way

Social Support Buddy- Mayfield

We are supporting a group of men in the Mayfield area, to live their lives, their way. We could really do with the support of some volunteers to help us provide a more individualised range of activities within the local community and/or Cork city.

The people we support in this service are aged between 27 and 70 and have a wide range of interests, i.e. going to soccer/GAA matches; the cinema; local men's shed; choir; bowling; coffee shops; gardening; basic cooking skills.

They would love the opportunity to make a new friend outside of Horizons and to accompany them to one of these activities. They also just like to spend time in their home, having a cup of tea and chatting to new people.

This volunteer role is a fun and sociable way to give something back to the community. It's also a great way to make a positive impact on the lives of the people we support. The day/hours can be flexible to suit the volunteer's availability and the activity.



Flexible



Mayfield

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie