



HORIZONS

Cope Foundation in Cork Communities

Support a young man to take part in the local community

Support Assistant - Cork City Centre

A volunteer is required to support Joe.

Joe is a young man in his mid-twenties who is very keen to have the support and friendship of a volunteer. He has autism but that doesn't hold him back. He enjoys being active, likes swimming, long walks, might like to try running if his volunteer can guide him in this. He also likes the cinema and eating out in a restaurant/café after a long walk.

Joe is quite independent, he works three days per week, travels independently and manages his own money. He likes to have a weekly routine and stick to it. So his preferred time for this support would be Monday morning for approx. 3 hours but he can also be available Monday afternoon or on Tuesdays. Joe prefers one to one company rather than big groups. We hope that these social outings will strengthen his confidence and social skills.

The volunteer needs to be someone who is physically active, friendly, has a good sense of humour and patience and has an interest in spending time with people with special needs. This role may suit a student studying Youth & Community/Psychology/Social Studies/Disability studies or any relevant course.

You would receive training and ongoing supervision and support from the staff in the community hub Joe attends.



3hrs per week



Cork City Centre

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie