

## What is An Cuan Regional Support Service?

An Cuan is a HSE funded regional outreach support service which supports adults with a mild to profound Intellectual Disability (with/out a diagnosis on the Autism Spectrum) who are in receipt of services from voluntary / non-profit; for-profit and HSE registered services in Cork and Kerry.

An Cuan is an inter-disciplinary service comprising Psychology, Social Work, Occupational Therapy, Speech and Language Therapy, Positive Behaviour Support, Nursing and Social Care practitioners. Please see the 'Introduction to An Cuan' leaflet for an overview of the work An Cuan typically does.

## Learning and development individualised to your needs

An Cuan provides training with a strong focus on national and international theory and practice applied to the daily experiences and learning needs of staff and families.

The aim of training is to empower families and staff to support the person to the best of their capacity. The needs of the person being supported is also placed at the centre of any training delivered. Training can be delivered in person or remotely and is currently guided by Covid-19 restrictions.

### **Core topic: Positive Behaviour Support (PBS)**

**Goal:** Understand the core concepts of PBS, recognise the key steps in PBS and apply to your practice.

**Audience:** Anyone working in the field, also families.

**Duration:** 4hrs

**Cost:** none.

### **Core topic: Person Centred Planning (PCP)**

**Goal:** Understand the core concepts of PCP, recognise the key steps in PCP and apply to your practice.

**Audience:** Anyone working in the field, also families.

**Duration:** 2hrs

**Cost:** none.

### **Core topic: Autism Spectrum**

**Goal:** Understand the core concepts in Autism, recognise characteristics of Autism, explore supportive approaches and apply to your practice.

**Audience:** Anyone working in the field, also families.

**Duration:** 2hrs.

**Cost:** none.

### **Supplementary topic: CPI Management of Actual and Potential Aggression (MAPA) foundation course**

**Goal:** Learn how to identify behaviour, assess the level of risk, use suitable and acceptable physical interventions, and identify the impact of crisis events.

**Audience:** Anyone working in field.

**Duration:** 2 day workshop / 1 day refresher workshop

**Cost:** Price for booklet and certification from CPI will be confirmed upon booking.

### **Supplementary topic: Positive Risk Assessment (PRA)**

**Goal:** Understand principles of PRA, apply principles to your practice, prepare a sample risk assessment.

**Audience:** Anyone working in field.

**Duration:** 2hrs.

**Cost:** none.



## Accredited Qualifications with An Cuan and Open Training College

### Certificate in Focus on the Individual\*

The course is aimed at frontline personnel whose role involves facilitating person centred plans with people using the service, and/ or performing a supervisory role within an organisation that supports Person Centred Planning (PCP).

**Duration:** 10 weeks.

**Cost:** €395

### For more information or to make a referral to An Cuan, please contact us at:

**Tel:** 021 455 4166

**Tel:** 086 810 6379

**Email:** [ancuan@horizonscork.ie](mailto:ancuan@horizonscork.ie)

**Address:** An Cuan Regional Support Service, Horizons, Montenotte, Cork T23 PT93 (to Horizon's campus)

## How can I make a referral to An Cuan?

**Thank you for considering An Cuan Regional Support Service.** To make a referral please answer the questions below and post to An Cuan Regional Support Service, Horizons, Montenotte, Cork (T23 PT93) or email [ancuan@horizonscork.ie](mailto:ancuan@horizonscork.ie). You can also call An Cuan at 021 455 4166 / 086 8106379 if you have any questions.

Once the completed form is received the An Cuan Team Support Assistant will be in contact as soon as possible on making a formal referral for support to An Cuan.

**Please add your contact information here.**

**Q1:** Is the person you are referring in receipt of a HSE registered service?

Yes  No

**Q2:** Does the person you are referring have a mild to profound intellectual disability?

Yes  No

**Q3:** Does the person you are referring have any mental health difficulties at this time.

Yes  No

**Q4:** Does the person you are referring engage in behaviours that challenge?

Yes  No

**Q5:** Is the person you are referring currently involved with the Criminal Justice System?

Yes  No

**Q6:** Does the person you are referring currently have any substance abuse or dependency challenges?

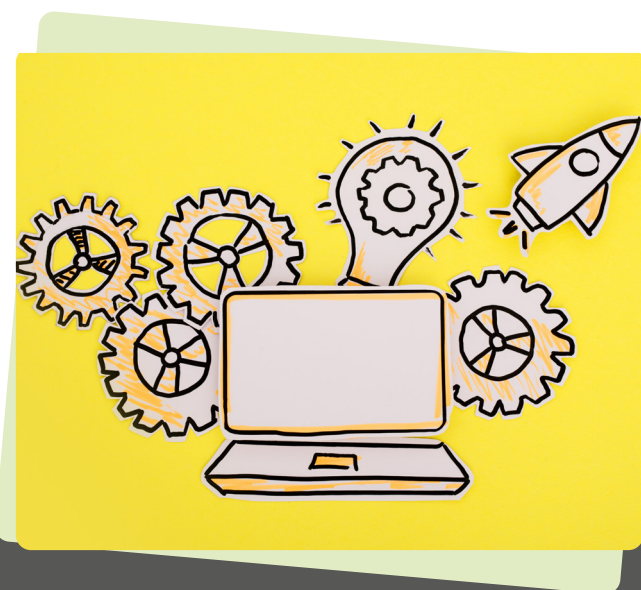
Yes  No

**Q7:** Is the person you are referring aged 18 years or above?

Yes  No

**Q8:** If proceeding with the referral to An Cuan, what support do you hope to receive?

# Learning and Development



**All information on this leaflet is as accurate as possible at time of printing but may be subject to change at any time.**

**For bookings or additional information, please contact An Cuan.**

*For additional information, please contact An Cuan.  
(see contact details inside)*