

## Horizons Children's Disability Network Teams

**Horizons is the lead agency for three Children's Disability Network Teams in Cork.**

Our teams strive to provide high quality, family centred services to children and families in line with the values of Horizons.

### What is a Children's Disability Network Team?

**A Children's Disability Network Team (CDNT) provides supports and services for children who have complex needs associated with a disability.**

The CDNT supports a child's development, wellbeing and participation in family, school and community life. This works best when everyone works together as a team around your child. The CDNTs share their knowledge, information and skills with you, your family and other important people in life to help support your child's development. Team members may meet you and your child in your home, in your child's school, or, in our therapy spaces.

Our goal is to support and empower children and young people to develop, learn, and be included in everyday activities.

Some children with disabilities do not require a full team to support their needs. These children are best supported by our colleagues in Primary Care.

CDNT Name	Areas Covered	Contact Details
<b>East Central Cork (CDNT 6)</b>	<i>Midleton, Youghal and surrounding areas</i>	<a href="mailto:cdnt6@horizonscork.ie">cdnt6@horizonscork.ie</a> 021 463 7840
<b>Central Cork (CDNT 8)</b>	<i>Mayfield, Montenotte, Tivoli, The Glen, Blackpool, Carrignavar, St Patricks</i>	<a href="mailto:corkcentralcdnt@horizonscork.ie">corkcentralcdnt@horizonscork.ie</a> 021 464 3140
<b>North Cork City and Blarney (CDNT 9)</b>	<i>City Centre, Blarney, Sundays Well, Fairhill, Farranree, Gurranebraher, Knocknaheeney</i>	<a href="mailto:cdnt9@horizonscork.ie">cdnt9@horizonscork.ie</a> 021 455 5141



## What approach do CDNTs use to support children and families?

CDNTs are staffed by an Interdisciplinary Team. This is a group of different health professionals that work together in partnership with your child and family.

Depending on your child's needs, they may be supported by a combination of therapists such as Physiotherapists, Occupational Therapists, Speech and Language Therapists, Psychologists, Nurses, Social Workers and Therapy Assistants.

A child's family is central in their day-to-day wellbeing and development. The CDNT therefore use a Family-Centred Practice model. We focus on supporting your whole family and not just your child in isolation. This means that your family's priorities are considered when setting goals.

## What is an Individual Family Services Plan?

We will work with you to create an Individual Family Services Plan (IFSP).

This is an agreed plan that identifies your child and family's goals, priorities, and the supports needed to achieve these.

As your child grows and develops, their IFSP can evolve with them. You can contact us at any time if your priorities have changed.